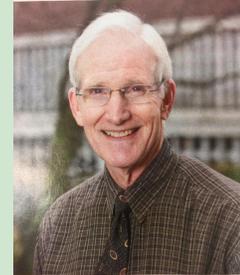


JULY 2019



G. GARY GREEN, DMD
certified prosthodontist



Have Your Ice Cream & Eat It Too! *Without Tooth Sensitivity!*

Take time to enjoy your summer with delicious ice cream. But here's the scoop. If you are having pain or tooth sensitivity to cold, let Dr. Green know. Sensitive teeth are usually the result of exposed dentin. Dentin is the material that makes up the inside of your teeth, and it contains tiny nerve endings that can cause sensitivity when they're not protected. Materials like enamel protect the dentin, but enamel can be worn down. To try to avoid tooth sensitivity:

- * Don't OVERBRUSH your teeth. Use a soft toothbrush
- * Not too much acidic foods like citrus fruits & sodas
- * Cracked teeth? Get those fillings & crowns fixed
- * Control the tooth grinding. Call Dr. Green for help
- * Don't overdue the tooth whitening
- * Check with Dr. Green to make sure there's no infection

Gum recession could also be the culprit. Make an appointment with Dr. Green to keep those gums healthy. We hope you can enjoy that summer ice cream cone with no pain. If you have any questions about tooth sensitivity, give us a call at 973-228-0252.



Great Smile New Teeth... One Office & Medicare Pays!

Gary Green, DMD places & restores implants so you don't have to go to another office. Dr. Green is a SURGICAL PROSTHODONTIST - a speciality in restorative dentistry & dental implants. Dr. Green can create your new smile right



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*for surgical procedures & implants
for qualified patients. **

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Visit our website: [www.GaryGreenDentist](http://www.GaryGreenDentist.com)

Dr. Green is on TWITTER. Follow us at: Gary Green DMD@DMDGary
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