

The Orthopedic Foot & Ankle Center

WHAT IS PRP:

PRP stands for platelet rich plasma injection. Platelets which are part of our human blood contains a number of chemical and proteins that are involved in wound healing and when activated, these components released are collectively called “growth factors”. The injection thus uses a portion of the patient’s own blood to promote healing.

HOW IT WORKS:

We remove your blood cells from your own blood to produce a specific plasma fluid which is then processed to concentrate its platelets along with the growth factors. This concentrated solution is then mixed with a buffer and anticoagulant before it is re-injected back into your injured tissue to promote healing.

In essence, using your own cells to repair your damaged cells.



PROCESS OF PRP TREATMENTS:

- 1) Patient will either call the office or schedule an appointment at check-out with one of our physician assistants.

(a) Cost of PRP injection is \$500

- 2) Patient to follow up 3-4 weeks for re-evaluation after receiving injection.

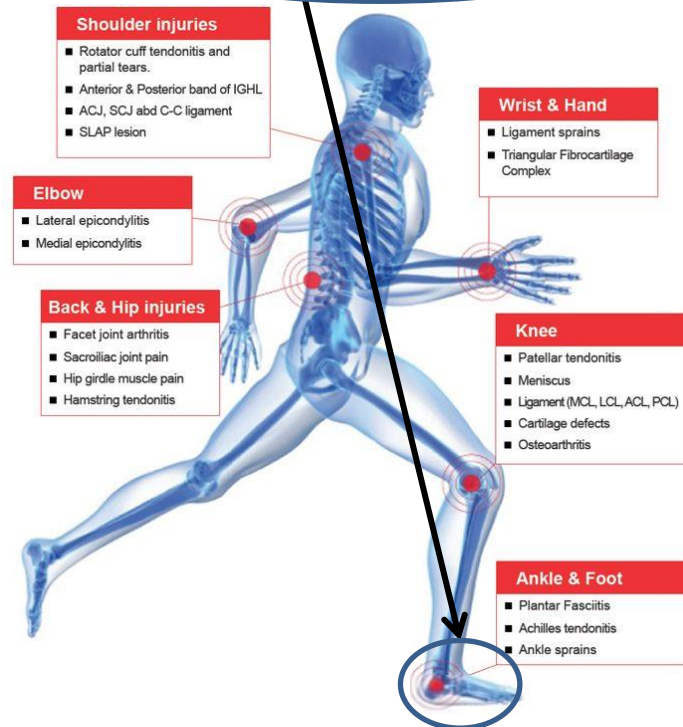
IMPORTANT INFORMATION —

PRE-INJECTION GUIDELINES:

- No corticosteroids for 2 to 3 weeks before the procedure
- Discontinue nonsteroidal anti-inflammatory drugs (NSAIDs) such as Aspirin, Ibuprofen, Advil, and Motrin for a minimum of 1 week before procedure
- No anticoagulation use 5 days before procedure
- Increase fluid intake in the 24 hours leading up to procedure

INDICATIONS OF USE:

- Plantar Fasciitis
- Peroneal Tendonitis
- Posterior Tibial Tendonitis
- Achilles Tendonitis
- Arthritis
- Tendon/Ligament Injuries



PRP Injection Therapy

