

The Orthopedic Foot & Ankle Center

WHAT IS EPAT®:

Extracorporeal Pulse Activation Technology (EPAT®) is the most advanced and highly effective FDA-cleared non-invasive treatment method for a broad range of musculoskeletal conditions. EPAT® is based on a unique set of pressure waves that stimulate the metabolism, enhance blood circulation and accelerate the healing process. Damaged tissue gradually regenerates and eventually heals.

HOW TREATMENT IS PERFORMED:

Coupling gel is applied to the specified treatment area to enhance effectiveness of wave transmission. After these preparations, EPAT® pressure waves are released through the applicator, while being moved over the affected area in a circular motion.



PROCESS OF EPAT® TREATMENT:

- 1) Patient will either call the office or schedule an appointment at check-out with one of our physician assistants.
- 2) Patient will likely require 3-5 treatment sessions at intervals of 7-10 days.
- 3) Patient will then follow up with physician after 12 weeks for re-evaluation.

PRICE

- \$600 = 3 sessions for one area
- \$900 = 3 sessions for two areas
- \$150 = additional treatment per session per problem area

NOT RECOMMENDED IN CASES OF:

- Coagulation Disorders
- Thrombosis/Blood Clots
- Pregnancy
- Cortisone therapy up to 6 weeks before first EPAT® treatment
- Use of anticoagulants/ blood thinners
- Tumor Disease/ Carcinoma
- Children in growth

POSSIBLE SIDE EFFECTS:

Side effects should generally subside after 2-5 days, and may include:

- Swelling
- Pain
- Skin Lesions (in case of previous cortisone therapy)
- Reddening
- Petechia (red/purple spot from minor hemorrhage)
- Hematomas

If needed, patients may ice, elevate, use compression and/or take Tylenol to help manage any symptoms that may develop.

NSAIDs such as Aspirin, Ibuprofen, Advil, and Motrin are NOT permitted!

Limited activity is recommended the day of the procedure. After that time period, activity as tolerated.

INDICATIONS OF USE:

- Achilles Tendonitis
- Plantar Fasciitis
- Tibial Stress Syndrome
- Metatarsalgia
- Calcific Tendonitis
- Trigger Points/Myofascial Pain Syndrome

