

## Spinal Cord Stimulation Therapy for Chronic Pain

One should never feel their only or last resort is to cover up their pain with medications. If you are not a candidate for surgery, if you have exhausted all other options, and before you go down the slippery slope of taking opioids, call to learn more about how Spinal Cord Stimulation Therapy can improve your quality of life.

*Contact us today to schedule your first appointment.*



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*most insurance accepted*

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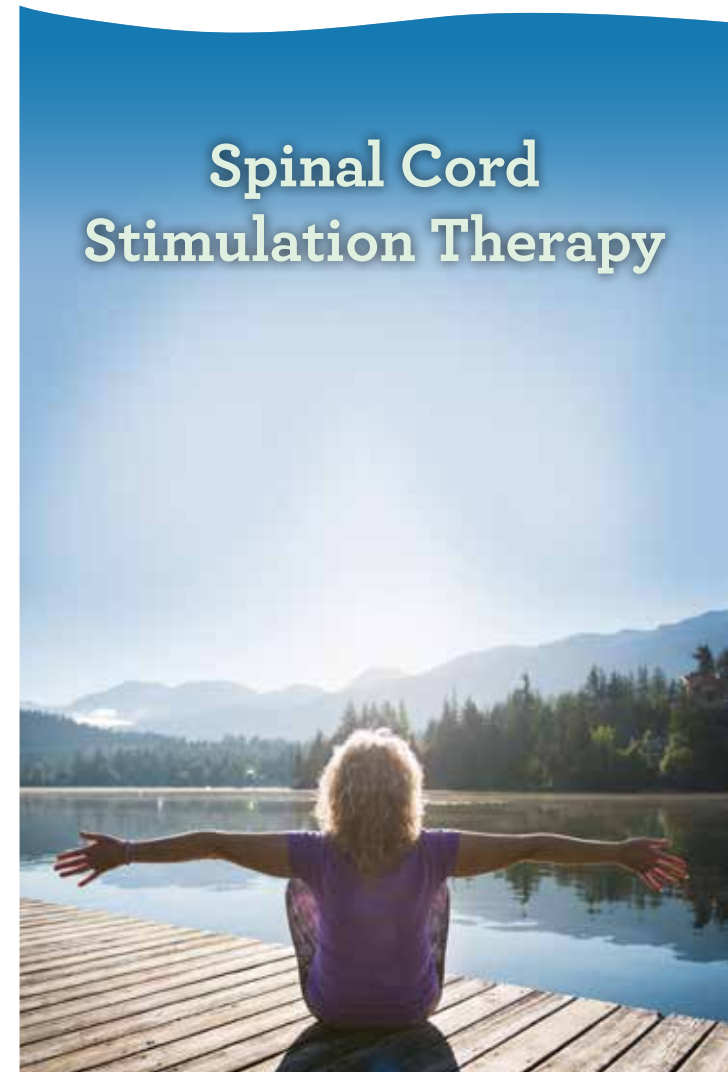
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## Spinal Cord Stimulation Therapy



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**Dr. Arun Kandra, MD**

Board Certified in  
Anesthesiology and Pain Management



**Vivek Das, M.D.**

Board Certified in Anesthesiology,  
Pain Management and Palliative Care

### *Are you suffering from chronic pain?*

Then we don't need to tell you how frustrating life can be! You have probably seen several specialty doctors and tried everything from yoga to one or more failed back surgeries; with little to no pain relief. Perhaps you feel as though you have exhausted all your options and are left with taking pain killers to find some relief to get you through your day. If this is what you are dealing with, there may be another treatment option for you to consider; Spinal Cord Stimulation Therapy.

Spinal Cord Stimulators (SCS) have been used since 1967 and have been approved by the Food and Drug Administration (FDA) to relieve pain from nerve damage since 1989. SCS deliver mild electrical stimulation to the spine that modifies or blocks pain signals to the brain. SCS not only helps to reduce or eliminate pain, but also decreased the need for opioid medications and their side effects, not to mention the risk of addiction!

Although, SCS is most commonly used for Failed Back Surgery Syndrome (FBSS) it is also recommended for managing chronic neuropathic pain caused by chronic regional pain syndrome (CRPS or RSD), peripheral ischemia, cervical and lumbar radiculitis, peripheral neuropathies, post-herpetic neuralgia, and phantom limb pain. Physical and emotional responses to pain can be addressed with SCS Therapy and can also help people with neuropathic pain which does not usually respond to opioids.



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*To be sure this is the correct option to help manage your pain; you are able to do a trial evaluation of SCS before committing to this therapy.*

A trial stimulation period of 3-5 days allows the patient to test and see if there is a reduction in their pain and if this therapy works for them. During the trial period, a small device similar to a pacemaker is used to stimulate the spine and interfere with the pain signals reaching the brain. The goal is to experience a reduction in pain to help you decrease the amount of painkillers you are taking and/or to help you perform and enjoy your everyday activities with less pain.

*Contact us to learn how we can help you!*

[www.YourPainDoctors.net](http://www.YourPainDoctors.net)

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