

**Varicose and Spider Veins
Treatments by Our Skilled
and Board Certified Doctors**

Vein Disease may cause pain,
swelling, leg ulcers, and can
affect your confidence.

Achieve greater function, form
and reach your dreams.

*Consult your vein and
pain doctors today.*



Dr. Arun Kandra



Dr. Vivek Das

Why us?

Minimally invasive

Quick recovery

No overnight stay

Faster results

Positive patient experiences and outcomes

Visit us at:
www.YourPainDoctors.net

Call us at:
908-904-1900



**PREMIER SPINE
& PAIN MANAGEMENT**

Treatment covered by most insurances.

NEW JERSEY:

Hillsborough: 501 Omni Drive, 08844

Somerset: 399 Campus Drive, #110, 08873

Succasunna: 66 Sunset Strip, #208, 07876

Middletown: 20 Cherry Tree Farm Road, 07748

Clifton: 1060 Clifton Avenue, 07013

PENNSYLVANIA:

Easton: 3735 Easton/Nazareth Hwy., #203, 18045

908-904-1900 | fax 908-904-1908
Info@YourPainDoctors.net



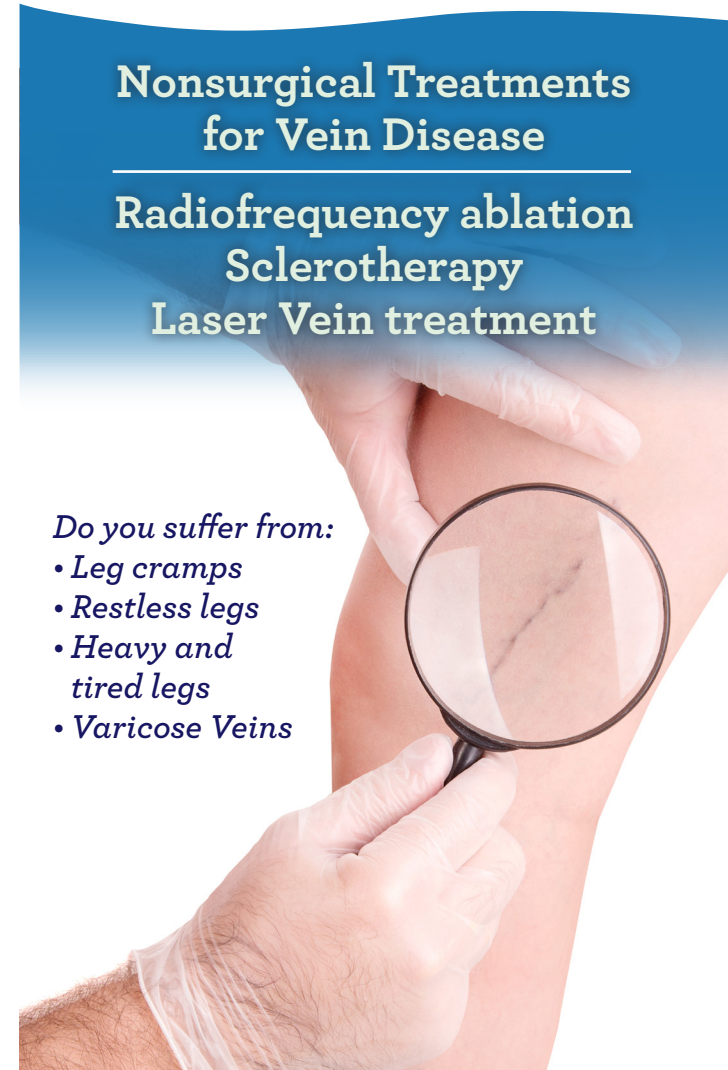
**PREMIER SPINE
& PAIN MANAGEMENT**
YOUR PAIN & VEIN DOCTORS

**Nonsurgical Treatments
for Vein Disease**

**Radiofrequency ablation
Sclerotherapy
Laser Vein treatment**

Do you suffer from:

- Leg cramps
- Restless legs
- Heavy and tired legs
- Varicose Veins



*Specializing in minimally invasive
same-day procedures.*

More than 30 million Americans are affected by venous disease.

You are NOT Alone.

We can make a difference



**PREMIER SPINE
& PAIN MANAGEMENT**
YOUR PAIN & VEIN DOCTORS

What are the symptoms of Venous reflux disease?

Symptoms include aching, swelling, cramping, heaviness, tiredness of the legs. As the disease progresses, it can lead to skin color changes, varicose veins, and open skin ulcers.

What causes Venous reflux disease?

Many factors including age, female gender, family history, lifting heavy objects, pregnancies, and jobs that require prolonged standing can contribute to the disease.

Can the venous disease be prevented?

For mild disease, lifestyle changes like regular exercise, and reducing excess weight may help. We advise leg elevation, medical grade compression stockings and avoidance of prolonged standing to manage the symptoms.

How would you know if I need treatment?

We use Doppler ultrasound scan to find out if you have vein disease. Varicose veins is not just a cosmetic problem as symptoms get worse over time.

What treatments can help me?

We perform minimally invasive Radiofrequency ablation- a procedure through which a small catheter is used to deliver controlled heat to collapse the damaged veins which gradually disappear. This procedure is proven to cause less pain and bruising than laser ablation.

What treatment options are available for Spider veins?

Spider veins are squiggly, red and discolored purple veins on the surface of the skin. We inject a small dose of a sclerosant solution into the veins which disappear and give you back healthy-looking legs.

How long does the procedure last?

The procedure typically lasts from 15-30 minutes.

How soon can I go home?

You should be able to go home shortly after the procedure as it's performed under local anesthesia.

Is it painful?

You may experience discomfort for a short period of time at the procedure site.

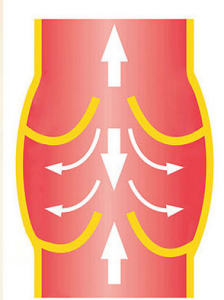


Normal Vein



Healthy veins in the legs have one-way valves that keep blood flowing to the heart.

When the valves don't close, the veins get damaged, leading to pooling of blood causing venous reflux disease.



Varicose Vein