

MYRTLE AVENUE Pediatrics



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www.happykidsmd.com

727-447-6458

SWIMMING LESSONS

COUNTRYSIDE COUNTRYCLUB 727-796-1333

TO LOCATE AN INSTRUCTOR NEAR YOU VISIT: www.infantswim.com

CLEARWATER PARKS & RECREATION (www.myclearwater.com)

SHARKS & MINNOWS 1-800-511-SWIM (7946) (www.sharksandminnows.com)

SUNCOAST YMCA 727-461-9622 (www.ymca.org)

HIGHLANDER POOL DUNEDIN 727-298-3265

HIGHLAND FAMILY AQUATIC CENTER: 727-518-3019

MORNINGSIDE REC. CENTER & POOL 727-507-4064

THE LONG CENTER 727-793-2320

DELORES SMITH WWW.FLOATNSTROKE.COM

PRESCRIPTION FOR PREVENTING SWIMMER'S EAR

1 oz. Vinegar (white)

1 oz. Alcohol

Fill ears. Dry with cotton at end of swimming day.