

# 101 Really Cool Finds! Orange Coast

Frozen Yogurt  
Playland

PCH Psychic

Gastropub

Mini-Golf  
Hole

Grilled  
Cheese

Discount  
Ticket Broker

New York-  
Style Deli

Bargain  
Theater

Veggie Burger

Cheapskate  
Massage

Cinnamon  
Roll

Gourmet  
Takeout

**AND MORE!**

80  
FEET OF LUXURY

Aboard a Nike Exec's  
Floating Retreat  
in Newport  
Harbor

**BEST  
OF  
2010**

Including Yogurtland, the Anaheim-based star of the DIY fro-yo phenomenon



**GUIDE**

5 Genial  
Japanese  
Pubs

**CYCLING**

A Road  
Warrior's  
Fatal Ride

**LAND'S END**

Is the  
OC Fair in  
Our DNA?





"Working with the keyboard is a way to enhance the areas of my brain that I don't normally use in my daily routine."

"I'm such a perfectionist when it comes to writing lyrics. So, a) they never get finished, and, b) they're never good enough. I think lyrics should be written by poets."

"My parents couldn't afford a piano so they said come back in six months, and if you're still interested we'll buy you a piano. Literally six months to the day, I asked them."

"Music in the operating room is a necessity. When I'm working on an open crani, I listen to alternative rock ... removing a brain tumor, Chopin and Beethoven ... closing an incision, prog rock or heavy metal."

"There's a lot of improvisation in brain surgery, and also in being a musician."

## Christopher Duma

A brain surgeon, on his marriage of medicine and music

A NEUROSURGEON AT HOAG MEMORIAL HOSPITAL PRESBYTERIAN since 1997, Duma performs about 500 operations a year. A husband and father, the 51-year-old Duma also has played keyboard for five years in the band Circle of Willis—the name a nod to the pattern of arteries that supply blood to the brain. The octet plays occasional benefits at Hogue Barmichaels in Newport Beach and other local venues, including one effort to raise money for a 15-year-old Trabuco Canyon leukemia patient, and another to help feed children in Africa. "We love to play, so we play for charity."—EMILY FAWELL