

## PRENATAL APPOINTMENT LIST - rev. 8/1/18

Congratulations on your pregnancy! Below is the appointment structure of our prenatal care, including office appointments, maternal-fetal ultrasound unit appointments, some lab work and walk-in appointments. Please remember that this is a typical schedule for an uncomplicated single pregnancy and may require changes as your pregnancy progresses. All office visits and 10 week 'walk in' visit take place at OBGYN Westside. MFM ultrasound visit (underlined) are scheduled by you at a perinatal ultrasound until - typically Mount Sinai or Carnegie Imaging.

7-9 WEEKS	New pregnancy office visit, ultrasound, prenatal profile genetic screening bloodwork.
10 WEEKS	Walk in (no appointment needed) for NT/IRA (nuchal translucency) blood work. Walk in for NIPS (Maternity 21 / Genome / Panorama), if needed.
<u>12 weeks</u>	<u>NT/IRA MFM ULTRASOUND; CVS, IF NEEDED</u>
12 weeks	Office Visit
16 weeks	Office visit; blood work for neural tube defect screening (MSS or AFP)
<u>16 weeks</u>	<u>EARLY ANATOMY MFM ULTRASOUND; AMNIO, IF NEEDED</u>
20 weeks	Office visit
<u>20-22 weeks</u>	<u>FOLLOW UP ANATOMY MFM ULTRASOUND</u>
24 weeks	Office visit; Glucose (Diabetes) screening and anemia evaluation
28 weeks	Office visit
32 weeks	Office visit; TDAP vaccination
<u>32 weeks</u>	<u>GROWTH MFM ULTRASOUND, IF NEEDED</u>
34 weeks	Office visit
36 weeks	Office visit; ultrasound in office to check position; GBS testing
37 weeks	Office visit
38 weeks	Office visit
39 weeks	Office visit
40 weeks	Office visit (due date)
40-41.5 weeks	Office visit twice weekly with fetal monitoring
2 weeks postpartum	Post op office visit (if C/Section delivery)
6 weeks postpartum	Postpartum visit