**PROGRESSIVE SURGICAL CARE, PLLC 3003 NEW HYDE PARK rd\* NEW HYDE PARK\* NY\* 11042**

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**Laxative Bowel Preparation Instructions.**

**Colonoscopy Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**For this Preparation, you will need:**

**1. CLENPIQ Kit: Please fill your prescription for CLENPIQ a few days before your procedure.**

**These Instructions are for the DAY PRIOR TO YOUR COLONOSCOPY OR SURGERY.**

**It is important to drink only clear liquids THE ENTIRE DAY BEFORE YOUR PROCEDURE.**

**do not eat any solid foods AND DO NOT DRINK ANYTHING THAT IS COLORED RED.**

**“Clear liquids” include:**

* **Water**
* **Ice Tea**
* **Lemonade, Apple, or White Grape Juice** ( No Pulp)
* **Clear Broth or Bouillon**
* **Decaffeinated Coffee or Tea** (no milk or Non dairy Creamer)
* **Gatorade or other sports drinks** (not red or purple)
* **Kool-Aid or other flavored drinks**(not red or purple)
* **Plain Jell-o or other gelatins** **with no toppings or fruit added** (not red or purple)
* **Popsicles** (not red or purple)

**Start prep:**

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**4:00 pm:**  **STEP ONE:**  **Drink** one bottle of CLENPIQ

 **STEP TWO: Drink** FIVE (5) 8-ounce drinks of clear liquid within the next 5 hours



**10:00 pm:** **STEP THREE: Drink** the other bottle of CLENPIQ

**STEP FOUR: Drink** THREE (3) 8-ounce drinks of clear liquid within the next 2 hours

**\*\*\*\*\*NOTHING TO EAT OR DRINK AFTER MIDNIGHT\*\*\*\*\***

**Important instructions for the day of your procedure:**

 You may take your Blood Pressure and Heart medication, with a small sip of water.

 With a doctor’s permission, discontinue Coumadin 3 days prior to your procedure.

With a doctor’s permission discontinue Aspirin and Plavix 7 days prior to your procedure.

**Someone must accompany you home from the office. You cannot drive until the next Morning.**

**Any problems with the prep please call office or service at (516) 674-5862.**

**You must notify the office 48 hours prior if you intend to cancel or reschedule your procedure.**

**Otherwise, you will be subject to a charge.**