



Patient Past Medical History

Patient Name: _____ DOB: _____ Age: _____

Lifestyle History

1. Are you currently under the care of a physician? YES/NO
If YES, please explain: _____
2. Do you feel stressed? Explain _____
3. How many hours of sleep do you get each night? _____
4. Do you snore while you sleep? YES/NO _____ Have you been diagnosed with sleep apnea? YES/NO _____
5. Do you get angry often? YES/NO _____
6. Are you happy? If not, explain _____
7. What worries you most? _____
8. Is your health important to you? Yes/No Most important reason to be healthy? _____
9. Who makes decisions regarding your health? _____
10. Do you currently have any medical concerns? Please List: _____

Past History: (Please check if you have had any of the following):

- Allergies to medicines, foods _____ Birth defects or abnormalities
- Exposed to tuberculosis Rheumatic Fever Scarlet Fever Polio
- Diabetes: Type: _____
- Cancer, Type: _____
- Heart Disease: _____
- High blood pressure: _____
- Asthma or Lung disease: _____
- Thyroid Dysfunction: _____
- Polycystic Ovarian Syndrome: _____
- Cushing Disease or other endocrine diseases: _____
- Psychiatric Disorders (e.g. depression, anxiety, anorexia, bulimia): _____
- Other Diseases _____
- Operations: (dates) _____

Current Medications: (vitamins, birth control pills): _____

Menstrual History:

Date of last menstrual period _____ Menstruation began at age: _____

Duration of bleeding: _____ Pain with periods? _____

Amount of flow : Light _____ Med. _____ Heavy _____

Bleeding between periods: _____ Bleeding after intercourse: _____

Irritation or discharge: _____ Itching or burning _____

Are you on birth control? (method): _____

Is there any chance you may currently be pregnant? _____

Family History:

Father: Health _____ Current Age _____ Deceased _____ at age _____ Cause _____

Mother: Health _____ Current Age _____ Deceased _____ at age _____ Cause _____

of siblings: _____ # living _____ #deceased: _____ Cause _____

Family Diseases: Check diseases known in your blood relatives (not yourself)

- High blood pressure Heart trouble Anemia Obesity
- Migraine Bleeding (abnormal) Epilepsy Other _____
- Strokes Cancer Diabetes
- Kidney disease Syphilis or (bad blood) Suicide

Social History:

Single or married? _____ Children? _____

Occupation? _____

Have you or do you currently smoke? _____ How much? _____ How many years: _____

Have you or do you currently drink alcohol? _____ Participate in illicit drug use? _____

Exercise/Hobbies? _____

Do you now have or have had any of the following?

- Trouble sleeping Previous MI Painful urination
- Fevers/chills/sweats Swelling of ankles/legs Urgency, hesitancy with urinating
- Fatigue/malaise/Tire easily Leg pains with walking Incontinence
- Rashes/itching Varicose veins Low back pain
- Dry skin, Acne Abdominal pain Irregular periods
- Hair loss, excessive hair growth Nausea or vomiting Infertility
- Headaches Gas or bloating Joint pains/Stiffness
- Dizziness Diarrhea or constipation Numbness/tingling
- Syncope/fainting Change in appetite Weakness/paralysis
- Visual changes Bleeding or black stools Sadness/nervousness
- Hearing changes Hernia Mood changes
- Difficulty swallowing Indigestion or heartburn Suicidal thoughts/actions
- Pain or stiffness (neck) Colitis Memory change
- Swollen, enlarged glands (neck) Jaundice Tremors
- Cough/Sputum Production Gallstones Hot or cold intolerance
- Shortness of Breath Gastric ulcers Easy bruising
- Lung disease Kidney stones Excessive bleeding
- Chest pain Pus or blood in urine Change in libido
- Palpitation or fluttering Bladder disease

Examinations:

Date of last physical examination: _____ Reason: _____

Date of last laboratory tests: _____

Hospitalizations _____ Dates _____ Reason: _____

X-Rays: Chest _____ Date _____ Other _____

Electrocardiogram (heart tracing) _____ Date of last pap _____

Financial Policy:

Thank you for selecting Dr. Shah, MD/Stephanie Goede, PA-C for your health care needs. We are honored to be of service to you and your family. This is to inform you of our billing requirements and our financial policy. Please be advised that payment for all services will be due at the time services are rendered, unless prior arrangements have been made.

I agree that should this account be referred to an agency or an attorney for collection, I will be responsible for all collection costs, attorney’s fees and court costs.

I have read and understand all of the above and have agreed to these statements.

Patient's Signature

Date

All Statements on this patient intake form are accurate and true to the best of my knowledge. I understand that treatments will be based on the information provided herein. If I willingly withhold knowledge from my treating physician, I accept full liability from any consequences arising there from.

Patient's Signature

Date