

Temporary Crowns

Homecare:

Now that we placed a temporary crown, it is important to follow these recommendations to ensure the success of your final restoration.

- Chewing and eating
 - If we used anesthetic during procedure, avoid chewing until numbness has worn off
 - Avoid chewing for 30 minutes to allow temporary cement to set
 - Avoid chewing hard or sticky foods, especially chewing gum
 - Chew on opposite side of mouth
- Brushing and Flossing
 - Brush normally, but floss very carefully. Remove floss from the side to prevent removal of the temporary crown. In some cases, we may advise you to avoid flossing around the temporary crown.
 - If teeth are sensitive to hot, cold, or pressure, use a desensitizing toothpaste
 - If sensitivity persists beyond a few days, call the office 8478163377.
- Medication and discomfort
 - Take antibiotics or other medications only as directed.
 - To reduce any discomfort or swelling, rinse your mouth three times a day with warm salt water. Use about a pinch of salt per glass of warm water. It is normal for your gums to be sore for several days.
- When to call us
 - Call if temporary crown comes off. Save the temporary, so it can be re-cemented. It is important for the proper fit or your final crown that your temporary crown stay in place.
 - Call our office if your bite feels uneven, you have sensitivity or discomfort that increases or continues beyond three or four days, or if you have any questions or concerns.