



POLICY ON BLOOD THINNERS AND SPINE PROCEDURES

PRIOR TO PROCEDURES, ALL BLOOD THINNERS MUST BE STOPPED!!

PLEASE REFER TO ASRA GUIDELINES FOR PATIENTS ON BLOOD THINNERS FOR LOW TO HIGH-RISK PROCEDURES (ATTACHED).

Examples of blood thinners:

- To be stopped 10 days prior to scheduled procedure. Aspirin, Plavix, Aggrenox, Garlic, Fish Oil and Ginseng.
- To be stopped 7 days prior to scheduled procedure. Coumadin, Ibuprofen, Motrin, Advil, Naprosyn, Aleve or other Nonsteroidal Anti-Inflammatory.

If you have any questions about stopping blood thinners prescribed by your cardiologist, please contact their office and address your concerns. **DO NOT STOP BLOOD THINNERS** without clearance from cardiologist.

I have read and understand the above statements.

 Signature of Patient or Responsible Party

 Print Name

 Date

 Signature of Witness

 Print Name

 Date

 Physician Signature

 Print Name

 Date

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