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MonaLisa Touch Internal and External Pre-Procedure Treatment Form

Please note that it is important to follow your treatment provider's instructions before treatment.

Pre-Procedure Treatment Recommendations:

- Shower or bathe the morning of treatment, so that the area to be treated is clean
- Clip or trim long pubic hair
- Understand and sign the Consent to Mona Lisa Touch Treatment form
- Dress in loose fitting pants and cotton underwear on the day of the treatment
- Your care provider will apply topical anesthetic to the vulvar area prior to treatment to minimize treatment discomfort
- Purchase supplies and medications needed for post-treatment care before treatment date
- Prior to the procedure, avoid intercourse for 4 days
- Avoid shaving or waxing for 4 days
- If you have a history of herpes, take antiviral medications 2 days before and 2 days after the procedure

Patient supplies needed:

- Moisturizing occlusive ointment, such as Aquaphor Healing Ointment or Vaseline ointment
- Gentle, hypoallergenic skin cleanser (Baby Wash)
- Cold gel packs
- Antiviral medications if you have a history of herpes

Contraindications:

- Complete prolapse
- Prior radiation to the pelvis
- Mesh placement for bladder repair
- Open wounds

Other Special Instructions:

Should you have any questions about these instructions or the procedure, please contact your physician.

Patient Signature: _____ **Date:** _____