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## *SmartLipo, smart liposuction - Frequently Asked Questions*

### **How does the SmartLipo work?**

A very small cannula (tube) approximately 1.0mm in diameter containing a laser fiber is inserted into the skin. The cannula is moved back and forth delivering the laser's energy directly to the fat cells, causing them to rupture and easily drain away. The laser energy also interacts with the dermis, resulting in skin shrinkage or tightening.

Due to the cannula's small size, SmartLipo is a minimally invasive procedure and can be performed under local anesthesia. The laser causes small blood vessels to coagulate immediately on contact, resulting in less bleeding, swelling and bruising — and a quicker recovery time than conventional liposuction. Because general anesthesia is unnecessary, the procedure is very safe, with only minimal side effects.

### **What are the benefits of SmartLipo?** The benefits of SmartLipo include:

- \* Treats unwanted fat and fat tissue irregularities
- \* Promotes tissue coagulation resulting in skin tissue tightening
- \* Improves flabby or lax skin and areas of high vascularity
- \* Minimal edema and bleeding due to the laser's hemostatic properties
- \* Minimal bruising
- \* Causes less trauma and faster healing time than traditional liposuction

### **Does this procedure have FDA Clearance?**

The SmartLipo has been cleared by the FDA for laser-assisted lipolysis.

### **Does laser-assisted lipolysis produce lasting results?**

Yes! The SmartLipo procedure permanently destroys the treated fat cells. Adults do not create new fat cells. When a person gains weight, that person's fat cells simply expand.

### **Who is a good candidate for the procedure?**

If you have areas of fat that will not respond to diet and exercise, then you're a candidate for SmartLipo. Ideal candidates are in good health, of normal body weight and have realistic expectations for the results.

### **What body regions can be treated with SmartLipo?**

SmartLipo is a great adjunct to traditional liposuction procedures, although it does not replace conventional liposuction. It is ideal for treating small areas of the neck, arms, knees and small areas of loose skin.

### **How many treatments are required?**

For most patients, typically only one treatment is required. The session may last from 45 minutes to one hour for each area treated. Laserlipolysis is also an ideal choice for "touch ups" and revisions.

### **Do I have to do anything post-treatment?**

After the treatment you will need to wear a compression garment for 3-4 weeks, depending on the body areas being treated. Rest is recommended after the procedure and activity may be resumed gradually. Most patients will relax for several days post-surgery and will resume further activities as their body feels more comfortable.

### **Does SmartLipo treat cellulite?**

The procedure will improve the body's shape and may improve cellulite to a certain degree, particularly in your legs and arms.