Please answer the following questions by circling the number which best describes you. Your clinician will total your score during the consultation.

### My ethnic origin is closest to:

- Very fair (Celtic and Scandinavian)
- Fair-skinned Caucasian with light hair and light eyes
- Pale-skinned Caucasian with dark hair and dark eyes
- Olive-skinned (Mediterranean, some Asian, some Hispanic)
- Dark-skinned (Middle Eastern, Hispanic, Asians, some African)
- Very dark-skinned (African)

### My eye color is:

- Light blue
- Blue / Green
- Green / Gray / Golden
- Hazel / Light brown
- Brown

### My natural hair color at age 18 was:

- Red
- Blonde
- Light brown
- Dark brown
- Black

### The color of my skin that is not normally exposed to sun is:

- Pink to reddish
- Very Pale
- Pale with a beige tan
- Light brown
- Medium to dark brown
- Dark brown - black

### If I go out into the sun for an hour or so without sunscreen and have not been out in the sun for weeks, my skin will:

### When was the last time the area to be treated was exposed to natural sunlight, tanning booths or artificial tanning cream?

- Longer than one month ago
- Within the past month
- Within the past two weeks
- Within the past week

**Total Score:** ___

### If your score is:  

| 0 – 3 | 1 |
| 4 – 7 | 2 |
| 8 – 11 | 3 |
| 12 – 15 | 4 |
| 16 – 19 | 5 |
| 20 – 24 | 6 |

**Your skin type is:** ___

### Additional skin response questions:

If you sustain an injury to your skin such as a cut, burn, or bruise, how long does it take to fully resolve without any hyperpigmentation?  
_____________________________________________________________________________________

What happens if you get an insect bite?  
_____________________________________________________________________________________

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**Skin Typing Matrix**