



Skin Typing Matrix

Name: _____

Please answer the following questions by circling the number which best describes you. Your clinician will total your score during the consultation.

My ethnic origin is closest to:	Very fair (Celtic and Scandinavian) Fair-skinned Caucasian with light hair and light eyes Pale-skinned Caucasian with dark hair and dark eyes Olive-skinned (Mediterranean, some Asian, some Hispanic) Dark-skinned (Middle Eastern, Hispanic, Asians, some African) Very dark-skinned (African)	
My eye color is:	Light blue Blue / Green Green / Gray / Golden Hazel / Light brown Brown	0 1 2 3 4
My natural hair color at age 18 was:	Red Blonde Light brown Dark brown Black	0 1 2 3 4
The color of my skin that is not normally exposed to sun is:	Pink to reddish Very Pale Pale with a beige tan Light brown Medium to dark brown Dark brown - black	0 1 2 3 4 5
If I go out into the sun for an hour or so without sunscreen and have not been out in the sun for weeks, my skin will:	If I go out into the sun for an hour or so without sunscreen and have not been out in the sun for weeks, my skin will:	0 1 2 3 4 5 6
When was the last time the area to be treated was exposed to natural sunlight, tanning booths or artificial tanning cream?	Longer than one month ago Within the past month Within the past two weeks Within the past week	0 1 2 3
	Total Score:	_____

If your score is:	Your skin type is:
0 – 3	1
4 – 7	2
8 – 11	3
12 – 15	4
16 – 19	5
20 – 24	6

Additional skin response questions:

If you sustain an injury to your skin such as a cut, burn, or bruise, how long does it take to fully resolve without any hyperpigmentation? _____

What happens if you get an insect bite? _____