

TESTIMONIAL

I wanted to take a few moments to share my gratitude to Dr Yousefian and everyone in the office for the kindness and care. I was referred by my general dentist almost 6 years ago because I had been diagnosed with very severe sleep apnea. I was somewhat skeptical at the time about how an orthodontist could help with this. After all, I had worn braces as a kid 30 years prior, and therefore had what was considered straight teeth. Braces are for kids, after all, and I felt I had enough of that in my earlier years. But my trust level for my general dentist was high enough that I decided a consultation with Dr Yousefian could not hurt.

After just a few minutes, Dr Yousefian looked at me and asked, "They pulled some teeth and slid your jaw back when you had braces 30 years ago, didn't they?" "Yes!" He then explained to me how that act, although considered the standard for orthodontics back then, has now resulted in my airway being squeezed off, hence the sleep apnea. He also felt quite confident that, through the process of more orthodontic work and jaw surgery, this problem could permanently be reversed. He presented me with several different options ranging from conservative to aggressive treatment, and took the time to thoroughly explain the risks and benefits of each option, and although I did not feel pressured, I did decide to go for the most complex treatment course.

Two-and-a-half years of braces prior to having surgery was not what I would consider "fun", but I was always greeted at the office with kindness and compassion. Erin and Jasmine have become like a support group to me. The surgery was difficult and the recovery was long, and yet even harder than that was learning that the braces still needed to stay on for another year following surgery.

After all is said and done, I have no regrets about going through the process. And much to my pleasant surprise, about a year after the braces finally came off and I returned to my sleep doctor for a follow-up sleep study, I found that my formerly "severe" apnea was completely gone. All measures from that sleep study were within normal limits. I would feel confident to recommend Dr Yousefian to anyone else with the same health problem.

Becky Resnick,
Seattle, Wa

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Dr. Yousefian is so dedicated to each and every one of his patients like they are family. He puts a lot of time and care into each patient. I have worked for Dr. Yousefian since 1994 but I'm also a patient along with my husband and children. I had braces and lower jaw surgery in my teens. My teeth started moving, my upper jaw was deficient, I was developing headaches, and also jaw pain. Dr. Yousefian treated my bite with braces and the surgeon he works with advanced my upper jaw. I am very pleased with the results of my treatment. I would recommend Dr. Yousefian to anyone looking for an excellent functional Orthodontist that does it right the first time!

Erin Winder,



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TREATMENT

Her interceptive treatment plan included one year orthodontic treatment combined with rapid mid-palatal transverse distraction osteogenesis protocol and development of the lower dental arch for rehabilitation of her PharyngOroFacial (airway, mouth, and face) complications. There was no attempt to improve her overbite by use of headgear or Herbst appliance by retraction of almost normal upper jaw to match the small lower jaw. Patient was under growth supervision until the completion of the facial skeletal structures and full eruption of the second molars.

Her less than ideal genetically driven growth potential of the lower jaw even with proper patience during orthodontic supervision could not improve her class 2 skeletal and dental discrepancies although she had a cute face. Upper jaw mildly small but lower jaw dictated by her genetic pattern was severely small and back. Her treatment plan at the beginning of the comprehensive orthodontic stage included a combination of orthodontic and lower jaw advancement surgery to improve her overbite and class 2 skeletal and dental relationships. Based on the preference of patient and her mother the treatment plan altered to upper and lower jaw advancement surgery for ideal skeletal and facial improvement.

Since patient was travelling from England every 2-3 months, the treatment time got extend to more than 24 months.

As result of treatment she is very happy with her beautiful smile, functional airway and everlasting dentofacial esthetic results.

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Thank you Dr Yousefian and staff for a lifetime of wonderful smiles! What started out as a search for relief from TMJ pain, resulted not only with a comfortable bite and pain free jaw but with a smile that I had dreamed of having for years. Thank you for your care and interest in making my experience with orthodontics such a positive one. You are a pleasure to work with and a true artist!

Jill Early

Redmond, WA

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I had jaw complication that required me to wear orthodontic braces and undergo jaw surgery. The surgeon referred me to Dr. Yousefian. I was concerned about wearing braces in my fifties, but Dr. Yousefian was very professional and understanding and helped me to choose Lingual braces. I'm very pleased with the final result and have no complains, only praise for Dr. Yousefian during my two years of treatment.

Lituan Murphy

Bellevue, WA

TESTIMONIAL



Dr. Yousefian:

Two years ago when my jaw was so sore that I almost could not eat and the headaches were so bad that I couldn't think straight my dentist recommended that I see you for braces. I couldn't believe that at age 71 I would have to wear braces. My husband and I met with you and you ordered x-rays, molds etc. and then showed us on the computer that the results of these confirmed that among other things, my left

jaw bone was worn down almost to bone marrow due to my TMJ and my bite "being off" for many years. So we began the journey of wearing braces for two years although, at times, it seemed like forever.

While jaw surgery was also called for with my problem, it was not possible due to the osteoporosis medications I had been taking. So I was apprehensive and wondered if the braces alone would really work. Even though you were not sure my teeth would move due to my osteoporosis, YOU DID IT, and the results are wonderful.

I must commend you for your personal attention which you always gave me. The level of professionalism of your staff is exceptional and far superior to most

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I was referred to Dr. Yousefian by my dentist when he noticed that I was having an issue with my bite and some severe gum recession issues. I had also only been chewing on one side because the bite did not come together on the other side.

I had previously had braces in my early 20's and had teeth pulled because of 'severe crowding'. My teeth were still straight so I was a little hesitant to have braces again in my 40's. When I saw Dr. Yousefian he completed a thorough examination and noticed that I also had some sleep apnea issues, problems with my bite and some other issues that I was not even aware of. I was in braces for a few years and had jaw surgery. My biting surface now comes together and my health has greatly improved. I can't believe how much better I am breathing. I used to always feel out of breath when working out, but not anymore. I am also able to sleep through the night. I feel like a completely different person.

I am amazed by the work of Dr. Yousefian. His dental assistants are awesome and have always been patient and kind throughout the entire process.

Pamela St. John