

# leep (loop electrosurgical excision procedure) with anesthesia

## PATIENT INSTRUCTIONS

### Pre-Operative

- Confirm all driving/ride arrangements; you will need a ride home after the procedure; you cannot take a bus/taxi, etc
- Nothing to eat or drink after midnight. Windy City Anesthesia will call you with further instructions

### Day of Procedure

- Wear comfortable, loose fitting clothes

### Post-Operative

**As your cervix heals following a LEEP, you may notice one or more of the following:**

- Thick, brownish-black discharge (a normal result of the medicated paste used at the end of your LEEP procedure), may last from a few days to 2-3 weeks.
- Mild cramping
- Slight vaginal bleeding
- Heavier bleeding during your next period

### Restrictions

Although you can return to most of your normal activities soon after a LEEP procedure, it's important to help your cervix heal by avoiding the following for at least 2 weeks after the procedure:

- Sexual Intercourse
- Tampons
- Douching
- Tub baths
- Heavy lifting or vigorous exercise

Please call the office if you have:

- Heavy bleeding; saturating an entire pad in less than 1 hour for 2 consecutive hours
- Severe and persistent abdominal pain
- Fever above or equal to 101°F
- Foul-smelling vaginal discharge

Anesthesia will call the next day to check on you ■

### Follow-Up Appointment

- Post-procedure visit, 4 weeks after LEEP