

in-office d&c with anesthesia

PATIENT INSTRUCTIONS

Pre-Operative

- Confirm all driving/ride arrangements; you will need a ride home after the procedure; you cannot take a bus/taxi, etc
- Nothing to eat or drink after midnight. Windy City Anesthesia will call you with further instructions
- Pick up the prescription medications (Misoprostol, Norco, Doxycycline)
- You will need to have ibuprofen (Motrin, Advil) at home for post-procedure pain

Day of Procedure

- Wear comfortable, loose fitting clothes
- Bring the prescription medications with you

Post-Operative

- Plan to take the day off work/normal activities – you will be drowsy and may have some abdominal discomfort
- Vaginal bleeding is normal ranging from light spotting to a heavy period for up to 2 weeks after the procedure
- Take the prescribed antibiotic (usually Doxycycline) as instructed

For abdominal cramping:

- Ibuprofen (Advil or Motrin) 600mg every 6 hours as needed
- Norco (hydrocodone/acetaminophen)
1 tablet every 4-6 hours as needed for more severe pain (*this is a narcotic medication*)

Restrictions

- No exercise or rigorous activity for 7 days
- No sexual intercourse or tampon use for 2 weeks
- No driving the day of the procedure or while taking Norco

Please call the office if you have:

- Heavy bleeding, soaking more than 1 pad in an hour for more than 2 consecutive hours
- Pain not controlled with pain medications
- Fever of 101 degrees or above
- Thick, foul smelling discharge or severe vaginal irritation or itching

Anesthesia will call you the next day to make sure you are not having any side effects or complications from the anesthesia ■

Follow-Up Appointment

- Usually 2 weeks after the procedure