

What to Expect at your Prenatal Care Visits

All visits will include a urine test, weight and blood pressure

First visit: Ultrasound to confirm pregnancy and due date. Prenatal labs orders will be given, Cystic Fibrosis and genetic testing labs are offered to all patients.

Second visit: Listen to heartbeat and second trimester genetic testing is offered.

Between 20-22 week visit: you will have an anatomy ultrasound. If you will be 35 or older on your due date, this ultrasound will be performed in Sacramento.

24-28 week visit: Listen to heart beat and labs are given for a glucose tolerance test and antibody screen, if indicated.

28-32 week visit: Listen to heartbeat and Rhogam is given, if indicated.

35-36 week visit: Listen to heartbeat. Group B Strep test is performed and cervix exam

≥38 week visit: Listen to heartbeat, cervix exam and membrane stripping is discussed 9 (if not a scheduled C-section)

Congratulations on your pregnancy!