

**Solutions Patient Information**

Name \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Today's Date: \_\_\_\_\_

SSN: \_\_\_\_\_ Gender: Male  Female

Marital Status: Single  Married  Divorced  Widowed  Other

Work Status: Employed  Student  Retired  Other

Employer: \_\_\_\_\_

Whom may we thank for referring you? \_\_\_\_\_

Race: American Indian or Alaska Native  Asian  Black or African American

Native Hawaiian or Pacific Islander  White  Other  Ethnicity: Hispanic or Latino yes  no

Primary Language: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Main Phone: \_\_\_\_\_ Cell  Home  Work  Other

Other Phone: \_\_\_\_\_ Cell  Home  Work  Other

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Guardian name \_\_\_\_\_

In case of a medical emergency, if the patient is of school age 15+, is ok to treat in my absence.

\_\_\_\_\_  
Parent or Guardian Date

Do you have Primary Medical insurance? Yes  No

Do you have Secondary Medical insurance? Yes  No

Relationship to insured: Self  Spouse  Child  Other

If you did not check 'Self', please provide information below:

Name of Insured: \_\_\_\_\_

Insured's Date of Birth: \_\_\_\_\_ Insured's SSN: \_\_\_\_\_

Insured's Gender: Male  Female

Insured's Employer: \_\_\_\_\_

Employer Address: \_\_\_\_\_

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Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Shoe Size: \_\_\_\_\_ Shoe Width: reg  wide

Use of Alcohol, Tobacco, Drugs? (list type, frequency or amount): \_\_\_\_\_

Daily Requirements: Walking  Lifting  Sitting  Standing  Other

**Allergies:** \_\_\_\_\_

Previous Hospitalizations / Surgeries / Serious Illnesses	Approximate Date	Hospital or City & State
_____	_____	_____
_____	_____	_____

Previous: Motor Vehicle Accidents	Broken Bones	Knocked Unconscious	Stitches?
_____	_____	_____	_____
_____	_____	_____	_____

**List Major Medical Conditions of immediate family members** (Mom, Dad, siblings, children) \_\_\_\_\_

**Primary Complaint** (please list one main problem): \_\_\_\_\_

Current Pain level 1-10 \_\_\_\_\_ How and when did this injury occur? What events led up to it (fall, overuse ect.)? \_\_\_\_\_

How does the chief complaint interfere with your life or what causes the pain (sleep disturbance, job performance, family relationships, emotional states, sports or hobbies, putting on clothing, bucking seatbelt, reaching for objects, stairs ect.)? \_\_\_\_\_

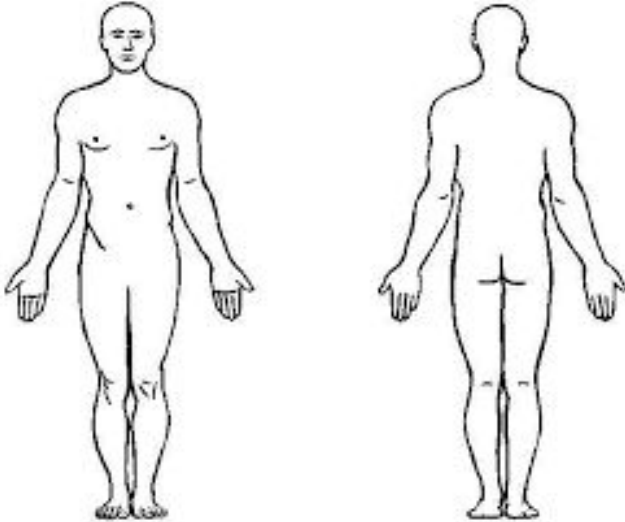
What have you tried to help the condition? (ice, heat, chiropractor, meds, injections, surgeries ect.) \_\_\_\_\_

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Did these things help?  
\_\_\_\_\_

**Mark All areas of pain or discomfort**



**List each area marked above:** \_\_\_\_\_ **How Long?** \_\_\_\_\_ **Rate your pain 1-10** \_\_\_\_\_

1st Complaint \_\_\_\_\_

2nd Complaint \_\_\_\_\_

3rd Complaint \_\_\_\_\_

4th Complain \_\_\_\_\_

REVIEW OF SYSTEMS (please circle) current or past problems:

Musculoskeletal – Joint pain, stiffness, joint swelling, difficulty moving or walking, dry mouth, sore eyes, back or neck pain, muscle pain, frequent falls, gout, muscle sprains, other \_\_\_\_\_

Respiratory/cardiac: shortness of breath, cough, wheezing, night sweats, fever, skipping heart beats, blue fingers, toes, other \_\_\_\_\_

Neurologic: Seizures, tremor, involuntary movement, numbness, tingling, shooting pain, depression, other \_\_\_\_\_

GI: nausea, vomiting, constipation, diarrhea, acid reflux, other \_\_\_\_\_

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Endocrine: Thyroid trouble, heat/cold intolerance, diabetes, other \_\_\_\_\_

Skin: Rashes, change in hair or nails, other \_\_\_\_\_

General: Arthritis, autoimmune disease, cancer, obesity, other \_\_\_\_\_

**Current Medications, Prescription and/or Over-the-Counter:** (you may bring a list of your medications)

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**Indicate which of the below you have experienced in the last 1-2 months**

1=Never; 2=Rarely; 3=Occasionally; 4=Frequently; 5=Constantly

### Neurological

Headaches	1 2 3 4 5
Migraines	1 2 3 4 5
Dizziness	1 2 3 4 5
Numbness	1 2 3 4 5
Tingling	1 2 3 4 5
Pins/needles in hands or feet	1 2 3 4 5
Feeling foggy	1 2 3 4 5
Forgetfulness	1 2 3 4 5

### General

Fatigue	1 2 3 4 5
Malaise	1 2 3 4 5
Weakness, tiredness	1 2 3 4 5
Lightheadedness	1 2 3 4 5
Irritability	1 2 3 4 5
Constipation	1 2 3 4 5
Diarrhea	1 2 3 4 5

**Indicate which of the below you have experienced in the last 1-2 months**

1=Never; 2=Rarely; 3=Occasionally; 4=Frequently; 5=Constantly

Asthma	1 2 3 4 5	Sore throat	1 2 3 4 5	Frequent Sneezing	1 2 3 4 5
Muscle Aches	1 2 3 4 5	Joint Pain	1 2 3 4 5	Wrist/Hand Pain	1 2 3 4 5
Stuffy Nose	1 2 3 4 5	Chronic Cough	1 2 3 4 5	Itchy/Watery Eyes	1 2 3 4 5
Fibromyalgia	1 2 3 4 5	Low Back Pain	1 2 3 4 5	Elbow Pain	1 2 3 4 5
Hay Fever	1 2 3 4 5	Chest Congestion	1 2 3 4 5	Drainage	1 2 3 4 5
Arthritis	1 2 3 4 5	Neck Pain	1 2 3 4 5	Shoulder Pain	1 2 3 4 5

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Earache or Ear Infection	1 2 3 4 5	Hoarseness	1 2 3 4 5	Wheezing	1 2 3 4 5
Hip Pain	1 2 3 4 5	Ankle/Foot Pain	1 2 3 4 5		
Itching	1 2 3 4 5	Shortness of Breath	1 2 3 4 5		
Knee Pain	1 2 3 4 5	Pain b/t shoulder blades	1 2 3 4 5		

To the best of my knowledge, the questions on this form have been accurately answered. I understand that providing incorrect information can be dangerous to my health. It is my responsibility to inform the doctor's office of any changes in my medical status. I also authorize the healthcare staff to perform the necessary services I may need.

\_\_\_\_\_  
**Signature of the Patient, Parent or Guardian**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Signature of Doctor**

\_\_\_\_\_  
**Date**

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*We are really glad you came, you made the right decision.*

*This is the place for you to **"regain your life!"***

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