

## Location & Office Hours

### Rise & Shine Pediatrics, PC

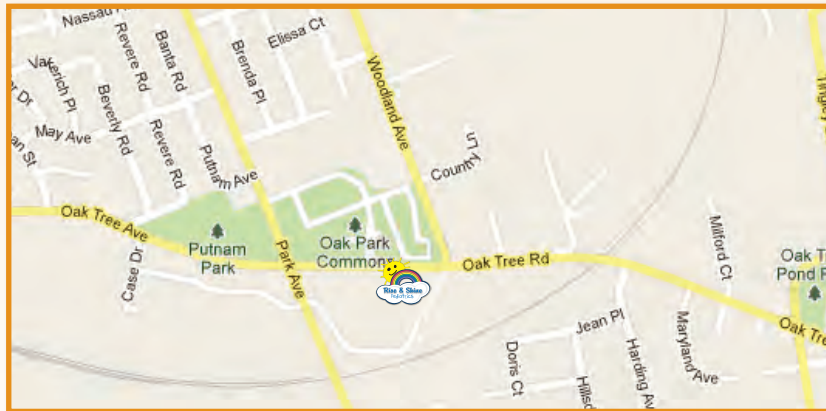
908 Oak Tree Road, Suite C  
South Plainfield, NJ 07080

Tel: 908-205-0632

Email: info@riseNshineped.com  
Website: www.riseNshineped.com

### Hospital Affiliations

JFK Medical Center, Edison, NJ  
Robert Wood Johnson University Hospital,  
New Brunswick, NJ



### Hours of Operation

We offer quality with convenience:

- ✓ Same day sick appointments
- ✓ Late evening, early morning & weekend appointments
- ✓ 24/7 access to Pediatrician

Monday & Wednesday: 8 AM - 6 PM  
Tuesday & Thursday: 10 AM - 8 PM  
Friday: 9 AM - 5 PM  
Saturday: 9 AM - 3 PM



At, **Rise & Shine Pediatrics**, We are committed to providing top quality personalized healthcare to infants, children, adolescents and young adults.



We provide General Pediatric Services, and Services related to **Autism, ADHD and Obesity**

*"Our Mission is to help each child reach his/her full potential"*

**We look forward to becoming your medical home.**



[www.riseNshineped.com](http://www.riseNshineped.com)  
908-205-0632

## About Us



We are located in a comprehensive medical complex that provides our patients easy access to Laboratory, Medical Specialists, Dentists and services like Physical Therapy.

We use pediatric specific **Electronic Medical Record (EMR)** system, do prescriptions electronically and provide parents secure access to patient portal.

We serve South Plainfield, Edison, Piscataway, Iselin, Metuchen, New Brunswick and surrounding communities in **Middlesex** County.

## Our Pediatrician

### Kalpana Kumari, M.D., F.A.A.P.

Dr. K is **Board Certified** in Pediatrics and is a fellow of American Academy of Pediatrics.

Dr. K founded Rise & Shine Pediatrics after gaining several years of experience in pediatrics and emergency medicine at well known hospitals and medical practices in NY and NJ.



Dr. K has successfully raised two children including mainstreaming her son, who has **autism**, into High School. She is very well networked locally and nationally with parent support groups, service providers and Autism & ADHD specialists.

## Insurance

We participate in **Most Insurance Plans**, including variety of Managed Care, Medicaid, PPO, HMO, POS Insurance Plans.

## General Pediatric Services

Services provided by our experienced Board Certified Pediatricians include, but are not limited to:

- ✓ **Free Prenatal Consultation for expectant parents**
- ✓ Newborn care including hospital visits
- ✓ Well Child Care Exams
- ✓ Immunizations, including Influenza (flu) vaccinations
- ✓ Evaluation for Developmental & Behavioral concerns and Learning Difficulties.
- ✓ School/Camp and Sports Physicals
- ✓ Vision and Hearing Screens
- ✓ Sick child diagnosis and treatment: **same day sick visit appointment**
- ✓ In-Patient Care for admission to Hospital
- ✓ **Asthma & Allergy** Management



## Services related to Autism, ADHD and Obesity

- ✓ **Autism** evaluation and coordination of care - Personalized care plan for your child's ongoing developmental, behavioral and learning successes
- ✓ **ADHD** evaluation, medication checkup & follow up care
- ✓ **Obesity** prevention, evaluation & management

## We support *Let's move!*

*America's Move to Raise a Healthier Generation of Kids*

