

PROLOTHERAPY:

Prolotherapy (Proliferative Therapy), also known as Non-Surgical Ligament and Tendon Reconstruction and Regenerative Joint Injection, is a recognized orthopedic procedure that stimulates the body's healing processes by injecting natural substances such as dextrose. When injected, injured and painful joints and connective tissue are strengthened and repaired by the regeneration of new tissue.

Prolotherapy and PRP work in a similar manner, but your condition will determine whether PRP or Prolotherapy would be best for you.

Call for a consultation, especially if you are considering surgery or more steroid shots.

For further information on prolotherapy:

<http://prolotherapycollege.org/what-is-prolotherapy/>

<https://www.ncbi.nlm.nih.gov/pubmed/10710805>