

Naturopathic Medicine:

Your body has an internal intelligence and it knows how to heal itself given the right tools!

To promote healing, our philosophy is that of Integrative Medicine-- a system that combines conventional medicine with the modern application of natural therapies. Naturopathic Doctors are board certified in California as primary care doctors and they specialize in treating the *ROOT CAUSE* of a disorder by putting the attention on the complete **you**.

We use natural means to help restore balance and health to the body and prescribe only when absolutely necessary. We spend meticulous time with our patients, focusing on the root cause of the issue, and we do not attempt to mask symptoms with drugs in order to allow true healing to occur.

A general list of conditions we treat are:

- Integrative family medicine for chronic health conditions
- Adrenal and generalized fatigue
- Stress
- Hormone related issues / hormone replacement therapy
- Thyroid issues
- Depression/anxiety
- Musculoskeletal conditions
- Chronic pain
- Chronic inflammation
- GI/gut health problems
- Sports related injuries, as well as osteoarthritis
- Esthetic treatments including facial and wrinkle rejuvenation
- Detoxification
- Medical weight loss
- Many others!

Call for a free 15 minute consultation to see if our services can help you!