

“I wish I could take the machines home with me!”

That’s what Geraldine Doerr, a local patient of Dr. Steve Harris, told us about the chiropractic treatment she receives at Sugar Land Health Center. “I had chronic back pain for a long time,” says Geraldine, “and at times I was even bedridden. My MD did an MRI and he was not alarmed at the results. He said a lot of people have back pain, so I thought it was just something I would have to live with for the rest of my life.”

But a friend of Geraldine’s thought otherwise. A longtime patient of Dr. Harris, this friend convinced Geraldine to accompany her to a “Patients and Friends” party at Sugar Land Health Center this past February. “The place looked like a spa and had beautiful, relaxing music in the background. All of the staff were so nice and professional,” says Geraldine. “And you could just tell Dr. Harris was a gentle and caring man. I wanted to see him for my back that night!”

When Geraldine did go to her first appointment, Dr. Harris put together a treatment plan to help her. “He told me there were no guarantees,” says Geraldine, “as he discovered my debilitating pain was caused by pressure on my sciatic nerve from multiple disc protrusions coupled with back pain.

I didn’t want surgery...so I took a chance. I thought if Dr. Harris could relieve the pressure off the nerve, I could probably live with the back pain.”

Today, Geraldine is at the end of her custom treatment plan. “I have no recurring nerve pain,” says Geraldine, “and there are days I don’t even think about my back! I was always an active woman...moving heavy items without a second thought. I can no longer do that. I still have to take it easy, but with prayer and Dr. Harris’ help I’m so much better and I’ve avoided surgery. Each time I leave his office I always check my pain level as zero. The machines are just wonderful, not painful at all. I wish I could take them home! I’m now mov-



ing into a maintenance plan—twelve sessions between now and the end of the year. I really can’t think of a downside to what Dr. Harris has done for me! It’s truly wonderful!”

Dr. Harris says, “Back pain is the number one symptom I see in my patients. Geraldine knew something wasn’t right, but she also knew she didn’t want surgery. And she made a wise choice by not just reaching for a medication bottle—which just dulls or numbs the pain, but doesn’t fix the problem. Instead Geraldine chose a safe and natural way to relieve and treat her pain. If you live with back pain, we are here to help. Call us today.”

Sugar Land Health Center

281-980-1050

3425 Highway 6, Suite 101

(behind McDonalds)

Sugar Land, TX 77478

www.chiropractor-sugarland.com

