

Instructions for Use

FULL BODY CLEANSING

2% Chlorhexidine Gluconate Cloths (CHG)

The Chlorhexidine Wipe Packet is provided for you to use the night before surgery. The night before surgery you should shower. After showering, towel dry and do not apply any lotions or cream, topical medicines or patches. DO NOT shave or clip hair in the surgical area within **3 days** of your surgery.

Important Information:

- **Be sure the skin is completely dry and cool.**
- **Do not rinse the CHG off. Do not shower again in the morning.**
- **Do not use other products such as lotion.**
- CHG may cause itching and/or redness for a short time in people with sensitive skin. If itching or redness persists, rinse affected areas and stop using.
- Allow area to air dry for one minute. **Do not rinse.** It is normal for the skin to have a temporary sticky feel after the antiseptic solution has been applied. This stickiness' should go away within 30 minutes.

Directions:

- Open all three packages with scissors. There are two cloths in each package.
- **Do not let the CHG get in eyes, ears, or mouth.**
- Wipe body in back and forth motion using all six(6) cloths in the packages. Use each cloth for 30 seconds while scrubbing the skin gently.

Cloth #1 Wipe the **neck, chest and abdomen.**

Cloth #2 Wipe **both arms,** starting each with the shoulder and ending at fingertips. Be sure to wipe the arm pit areas.

Cloth #3 Wipe the **right and left hip** then the **groin.** Be sure to wipe folds in the abdominal and groin areas.

Cloth #4 Wipe **both legs,** starting at the thigh and ending at the toes. Be sure to wipe behind the knees.

Cloth #5 Wipe the **back** starting at the base of the neck and ending at the waist line. Cover as much area as possible. You may need help with this.

Cloth #6 Wipe the **buttocks.**