



You know that terrible feeling when your foot “goes to sleep?” Now imagine having your entire leg go numb...for years. That’s what Tom Matthews, a local sales representative for Microsoft, experienced as a result of a herniated disk. He says, “A few years ago after I had finished a marathon, I started having persistent back problems and pain that resulted in complete numbness down my left leg. An MRI revealed that I had a herniated, bulging disk protruding from my spine...the kind of problem that usually requires surgery. I’m really uncomfortable with the idea of surgery, so I started doing my research...and I learned that decompression would probably be the most effective non-surgical option for me. I visited several chiropractors in the Sugar Land area, looking for the right one for me.”

“When I realized that Dr. Steve Harris and I attend the same church, I called him for an appointment and showed him my MRI. Dr. Harris didn’t make any promises about how long the process would take or how effective it would be in my case. He offered me spinal disk decompression (at a price much lower than the other chiropractors I had considered), chiropractic adjustments, and laser treatment.”

Dr. Harris may use Triton DTS decompression tables to relieve the pressure on your spine. In fact, he’s even taught courses to help other chiropractors use these tables in the best way to relieve a patient’s pain. Dr. Harris also practices soft tissue techniques (used by only 150 people anywhere in the world) and uses an oscillator

Chiropractic Care Makes a Visible Difference on an MRI

and a laser to restore circulation, break down scar tissue, and improve range of movement.

These varied, advanced techniques made a difference for Tom. He says, “Throughout my experience Dr. Harris was very honest and approachable. I highly recommend him! My response to treatment was slower and took longer and Dr. Harris considered stopping it, but I said, ‘Don’t give up on me. I don’t want spinal surgery.’ Dr. Harris listened and in just three more weeks, I turned the corner with rapid and full recovery. Three months later, I lost 25 pounds and discovered that I had adult onset diabetes. So that was the complicating factor for slow recovery. Also, I had another MRI and the herniated disc had gone back in place. The radiologist said he had never seen that before. Amazing! That’s concrete proof that Dr. Harris and his chiropractic care can be an effective alternative to surgery! If you have a tough, complicated spinal condition, see Dr. Harris. He’s the real deal...and he saved me from surgery!”



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