

**Des Peres Eye Center**  
12990 Manchester Road, Suite 202  
Des Peres, Mo 63131  
314-432-6137

### **Pre-Operative Lasik and PRK/ASA Instructions**

- **Do Not Use hairspray, cologne, perfume or any scented products on the day of your procedure, including fabric softeners. The laser is a very delicate instrument and strong scents can damage it.**
- Do not wear eye or facial make-up on the day of your procedure.
- Do not use any drops other than instructed by your doctor.
- Wear loose, comfortable clothing that will not shed any fibers. Sweatshirts are acceptable. Please keep in mind that the treatment room is generally a few degrees cooler than typical room temperatures.
- Please eat and drink normally the day of your procedure. Times vary but it is possible to be at the treatment facility a few hours.
- Leave all jewelry and personal items at home.
- You must make arrangements for a driver to escort you home from your procedure and have one available for your one day post-operative visit at your doctor's discretion.
- Payment for your treatment is due in full prior to the day of your treatment and should be made at your doctor's office. Our office accepts the following forms of payment: cash, personal check, and bank draft, Visa, MasterCard and Discover. Please be sure that all payment arrangements have been made including any financing options prior to your treatment day in order to avoid any possible delays.
- Do not make any plans for the evening of your treatment. It is important that you go home and rest with your eyes closed for the remainder of the afternoon/evening.

#### **For our PRK/ASA patients:**

- You should begin taking Lyrica one day prior to your procedure as well as the day of your procedure. Also please begin Vitamin-C and take 1000mg per day for at least one week prior to your procedure and continue as directed by your doctor.

**If you should have any questions regarding any pre-operative instructions, please do not hesitate to call our office at 314-432-6137.**