

AFTER CATARACT SURGERY INSTRUCTIONS

Your drops are for the operated eye only, spaced at least 5 minutes apart.

Besivance	one drop twice daily for 7 days
Vigamox/Polytrim	one drop 3 x daily for 7 days
Prolensa	one drop daily until finished (for 1 month if diabetic)
Nevanac	one drop 3 x daily until finished (for 1 month if diabetic)
Durezol	one drop twice daily for 2 weeks one drop once daily for 2 weeks
Prednisolone	one drop 4 times daily for 2 weeks one drop 3 times a day for 1 week one drop 2 times a day for 1 week once a day for 1 week

What to expect: After cataract surgery it is normal for the operated eye to have any of the following symptoms:

- Mild blurring and fluctuation in vision
- Mild aching, itching or scratchiness
- Mild tearing or crusting of the eyelashes—you may gently wipe the edge of the eyelids with a clean washcloth but **DO NOT PUSH ON THE EYE**

If you notice any of the following symptoms, please call our office:

- Severe pain
- Thick drainage from the eye
- Marked increase in redness
- A large drop in vision.

General Instructions: Do not rub or bump the eye. You may resume your normal activities as you feel able. Swimming is not allowed for the first week after surgery. This includes hot tubs, swimming pools, lakes, etc. You may take a shower or get your hair done. Women should not use mascara or eyeliner for one week. You may wear your glasses from before surgery if you desire. A new prescription is usually given about 2 weeks after surgery.

After-hours phone number: 314-432-6137

POSTOP CATARACT 12-22-15