

# Amir A. Rashidian, D.C.

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## EDUCATION

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### **2001 – Present**

State of Maryland License

- Doctor of Chiropractic with Physical Therapy Privileges

### **2000**

National University of Health Sciences

- Doctorate of Chiropractic

### **1997**

National University of Health Sciences

- Bachelor of Science, Human Biology

### **1996**

The George Washington University

- Bachelor of Science, Chemistry
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## POST GRADUATE EDUCATION AND CERTIFICATIONS

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### **2009 – 2010**

New York Chiropractic College, Palmer College of Chiropractic, New Zealand College of Chiropractic, Chicago IL

- Clinical Chiropractic Pediatrics, ICA Council on Chiropractic Pediatrics
  - Module 9: *Motor vehicle injuries, documentation, review of chiropractic pediatrics*
  - Module 8: *School-age to adolescent*
  - Module 7: *Problems of the infant and toddler*
  - Module 6: *Normals – Infant and Toddler*
  - Module 5: *Problems of the neonate – cranial therapy*
  - Module 4: *Normal neonate – newborn spinal adjusting*
  - Module 3: *Postpartum period*
  - Module 2: *Pregnancy complications and birth considerations*
  - Module 1: *Pregnancy – Prenatal care*

### **2007-2008**

New York State Department of Education Board for Chiropractic, Long Island, NY

- CMCS Management Post Doctoral Education Division, New York Chiropractic Council
  - Neurodiagnostics, Imaging Protocols and Pathology of the Trauma Patient
  - An in-depth understanding of the protocols in triaging and reporting the clinical findings of the trauma patient. Maintaining ethical relationships with the medical-legal community.*

Diagnostics, Risk Factors, Clinical Presentation and Triaging the Trauma Patient

*An extensive understanding of the injured with clinically coordinating the history, physical findings and when to integrate neurodiagnostics. An understanding on how to utilize emergency room records in creating an accurate diagnosis and the significance of “risk factors” in spinal injury.*

Crash Dynamics and its Relationship to Causality

*An extensive understanding of the physics involved in the transference of energy from the bullet car to the target car. This includes G's of force, Newtons, gravity, energy, skid marks, crumple zones, spring*

*factors, event data recorder and the graphing of the movement of the vehicle before, during and after the crash. Determining the clinical correlation of forces and bodily injury.*

**MRI, Bone Scan & X-Ray Protocols, Physiology and Indications for the Trauma Patient**

*MRI interpretation, physiology, history and clinical indications, Bone Scan interpretation, physiology and clinical indications, x-ray clinical indications for the trauma patient.*

*Electromyography (EMG,) Nerve Conduction Velocity (NCV,) Somato Sensory Evoked Potential (SSEP,) Visual Evoked Potential (VEP,) Brain Stem Auditory Evoked Potential (BAER) and Visual-Electronystagmosgarphy (V-ENG) interpretation, protocols and clinical indications for the trauma patient.*

**Documentation and Reporting for the Trauma Victim**

*Understanding the necessity for accurate documentation and diagnosis utilizing the ICD-9 and the CPT to accurately describe the injury through diagnosis. Understanding and utilizing state regulations on reimbursement issues pertaining to healthcare.*

**Documenting Clinically Correlated Bodily Injury to Causality**

*Understanding the necessity for accurate documentation, diagnosis and clinical correlation to the injury when reporting injuries in the medical-legal community. Documenting the kinesio-pathology, myopathology, neuropathology, pathophysiology in both a functional and structural paradigm.*

**Diagnostic Imaging & Testing Interpretation and Protocols**

*MRI protocols and interpretation, CAT scan protocols and interpretation, x-ray trauma series protocols and interpretation, bone scan protocols and interpretation, EMG/NCV protocols and utilization and International Classification of Disease trauma coding.*

## **2005 – 2007**

National University of Health Sciences, Lincoln College of Post professional and Graduate Education, Chicago

Key Mechanisms: *Neurodegenerative Diseases, Prostatic Diseases, Neuromuscular Facilitation*

The Future of Rehabilitation

Pathologic Movement Patterns in Gait: *Using Functional Chains to Diagnose and Treat*

Low Back Pain: *Radicular and Non-radicular, Diagnosis and Treatment*

Fibromyalgia: *Pathogenesis and Treatment with Nutrition*

Update to Spinal Stability: *Upper and Lower Extremity Integration*

Neuro-biology of the Chiropractic Adjustment

Hip Pain: *Imaging Diagnostic Techniques*

Neuro-anatomical: *Diagnosis and Treatment of Low Back Pain*

Clinical Impact of Diseases of the Lumbosacral Region

## **2006**

Logan College of Chiropractic, Post-doctoral Education, Washington, D.C.

- New Diagnosis and Treatment Protocols

## **2004**

Northwestern Health Sciences University, Department of Continuing Education, Washington, D.C.

- Chiropractic Structural Analysis and Treatment

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## **PROFESSIONAL EXPERIENCE**

### **2019**

Palmer College of Chiropractic

**February 2016**

Frederick, MD

*Author of The StressProof Life*

**2006 – Present**

Mid-Atlantic Clinic of Chiropractic, LLC. Frederick, MD

*Chiropractor and Administrator*

**2005 – 2006**

Advanced Management for Chiropractors, Right Start Division

*Consultant and Coach*

**2003 – 2009**

Woodbine Chiropractic, PC. Woodbine, MD

*Chiropractor and Administrator*

**2001 – 2002**

Injury Center of America, LLC. Suitland, Germantown, College Park, MD

*Director of Chiropractic Department*

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**AWARDS**

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**May 2016**

Frederick Community College President's Business Appreciation Awards

*Business Leader of the Year*

**November 2015**

Association of Fundraising Professionals (AFP)

*Distinguished Volunteer*

- Recognized for donating to Habitat for Humanity: Frederick County

**February 2015**

Frederick Magazine

*Best of Frederick: Top Doctors in Frederick*

**June 2013**

Entrepreneur Council of Frederick County

*Entrepreneur of the Year Finalist*

**November 2009**

Creating Wellness Alliance, NJ

*Community Wellness Excellence Award*

**1997**

Office of Emergency Preparedness, National Disaster Medical Systems, U.S. Department of Health

*Certificate of Appreciation*

- Assisting during the Hurricane Hugo disaster

**1994**

National Institutes of Health, Clinical Pathology Department

*Achievement Award*

- Excellence in laboratory research protocols

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ACTIVITIES AND MEMBERSHIPS

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**2016 – Present**

Grace Community Church, Frederick, MD

*Chairman of the Elder Leadership Team*

**2015 – Present**

Habitat for Humanity, Frederick County. Frederick, MD

*Board of Directors*

**2009 – Present**

Chiropractic Leadership Alliance, NJ

*Ultimate Achievers Club Charter Member*

**2008 – Present**

*Maryland Chiropractic Association Member*

**2006 – Present**

Mount Airy, MD

*Four County Lions Club Charter Member*

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SELECTED LECTURE AND TEACHINGS

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**2016 – Present**

Vistage Speaker Frederick, MD

*Health & Wellness Monthly Talks*

**2015 – Present**

Common Market Frederick, MD

*Health & Wellness Monthly Talks*

**2012 – Present**

Frederick Community College

*The Nervous System Wellness & Prevention*

**2008 – Present**

Peak Performance

*Exercise and Nutrition*

**2007 – Present**

*Disease Prevention Through Spinal Health*

**2007 – Present**

Frederick Police Academy and Frederick Police Department

*Prevention of Common Neck and Back Injuries*

**2003 – Present**

Various Corporations

*Health & Wellness Seminar*

**2007**

Damascus High School Athletic Department

*Preventing Common Sports Injuries through Proper Structural Support*

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RESEARCH AND PUBLICATIONS

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*The StressProof Life: The Secret to Health, Wealth, and Happiness.* USA: PPMG, 2016. First Print.

*Assessment of two major pulsed-field gel electrophoretic (PFGE) techniques for the separation of medium-sized DNA molecules exemplified by the alleles of the Human Apolipoprotein(a) gene.* National Institutes of Health, Clinical Pathology Department, Bethesda, MD, May 1995 – September 1995, published in Clinical Chemistry.

*Urinary light-chain ladder pattern in health and disease, establishing a standard scale in Urine, Serum, and Cerebral Spinal Fluid immunofixation electrophoresis and protein electrophoresis by comparison of normal subjects versus cancer patients.* National Institutes of Health, Clinical Pathology Department, Bethesda, MD, May 1994 – January 1995, published in Clinical Chemistry.

*Development of optimal procedures to synthesize organic chelating agents that may be used in detoxification and treatments of heavy metal toxicity,* The George Washington University, Chemistry Department, Washington, D.C., December 1992 – May 1994.