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In an effort to provide the best experience during your office visit today and help us keep current on your health, please take a few minutes to complete the following questions. Thank you!

CONTRACEPTION

(If you no longer experience periods, please skip to the "Urinary Health" section).

- 1. What is your current form of birth control? _____
- 2. How long have you been using your current form of birth control? (Please check one)
 Two years or less 3 to 5 years 6 to 10 years Over 10 years
- 3. When are you planning to have another child? (Please check one)
 Within the next year Within the next 5 years
 Within the next 10 years My family is complete

MENSTRUAL PERIODS

(If you no longer experience periods, please skip to the next section).

- 1. How long does your average monthly period last? _____ Days
- 2. Do you ever feel as though your periods impact the quality of your life? Yes No
- 3. Do you ever experience irregular or inconsistent bleeding patterns Yes No
- 4. Would you like information on a simple safe procedure performed in our office that can significantly reduce or eliminate your monthly periods? Yes No

URINARY HEALTH

- 1. Do you ever leak urine when you cough, laugh, or sneeze? Yes No
- 2. Do you ever feel as though you have to urinate urgently? Yes No
- 3. Do you ever experience painful urination? Yes No

Are there any concerns/issues that you would like to discuss today?

E-Mail address;
