

# DESERT SPINE INSTITUTE REGISTRATION FORM

PATIENT'S LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_ MI: \_\_\_\_\_  
DATE OF BIRTH: \_\_\_\_\_ AGE: \_\_\_\_\_ SEX: M \_\_\_\_\_ F \_\_\_\_\_ MOTHER'S MAIDEN NAME \_\_\_\_\_  
MARITAL STATUS: \_\_\_\_\_ SINGLE \_\_\_\_\_ MARRIED \_\_\_\_\_ DIVORCED \_\_\_\_\_ SEPARATED \_\_\_\_\_ WIDOWED  
SOCIAL SECURITY NO.: \_\_\_\_\_ EMAIL: \_\_\_\_\_  
STREET ADDRESS: \_\_\_\_\_ PO BOX: \_\_\_\_\_  
CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_  
HOME PHONE: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_  
EMPLOYER NAME: \_\_\_\_\_ EMPLOYER PHONE NUMBER: \_\_\_\_\_  
REFERRING PROVIDER: DR. \_\_\_\_\_ PRIMARY CARE PHYSICIAN: \_\_\_\_\_  
PREFERRED LANGUAGE: \_\_\_\_\_ INTERPRETER NEEDED: \_\_\_\_\_

\*IF AN INTERPRETER IS NEEDED FOR THE PATIENT PLEASE BE SURE ONE ACCOMPANIES THE PATIENT ON THE DAY OF THE APPOINTMENT OTHERWISE THE APPOINTMENT MAY BE RESCHEDULED

ETHNICITY: \_\_\_\_\_ RELIGION: \_\_\_\_\_

IS THIS APPOINTMENT WORK RELATED: YES \_\_\_\_\_ NO \_\_\_\_\_

IS THIS APPOINTMENT MOTOR VEHICLE ACCIDENT RELATED: YES \_\_\_\_\_ NO \_\_\_\_\_

GUARANTOR NAME: \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

ADDRESS (IF DIFFERENT): \_\_\_\_\_ CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_ HOME PHONE: \_\_\_\_\_

CELL PHONE: \_\_\_\_\_ SOCIAL SECURITY NO: \_\_\_\_\_

PATIENT'S RELATIONSHIP: \_\_\_\_\_ SELF \_\_\_\_\_ SPOUSE \_\_\_\_\_ CHILD \_\_\_\_\_ OTHER \_\_\_\_\_

NAME OF PRIMARY INSURANCE: \_\_\_\_\_

POLICY NUMBER: \_\_\_\_\_ GROUP NUMBER: \_\_\_\_\_

NAME OF SECONDARY INSURANCE: \_\_\_\_\_

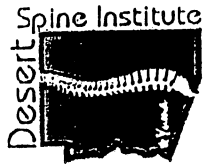
POLICY NUMBER: \_\_\_\_\_ GROUP NUMBER: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ RELATIONSHIP TO PATIENT: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

THE ABOVE INFORMATION IS TRUE TO THE BEST OF MY KNOWLEDGE. I AUTHORIZE MY INSURANCE BENEFITS TO BE PAID DIRECTLY TO THE PHYSICIAN. I UNDERSTAND THAT I AM FINANCIALLY RESPONSIBLE FOR ANY UNPAID BALANCES. I ALSO AUTHORIZE DESERT SPINE INSTITUTE OR INSURANCE COMPANY TO RELEASE ANY INFORMATION NEEDED TO PROCESS MY CLAIMS.

PATIENT/GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_



Desert Spine Institute

Yuma, AZ

Phone 928-247-9714

Fax 928-247-9718

**ADULT New Patient Evaluation Form**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of visit: \_\_\_\_\_

Consultation from: \_\_\_\_\_ Primary physician: \_\_\_\_\_  
City, State: \_\_\_\_\_ City, State: \_\_\_\_\_

Handedness:  right,  left

**Presenting symptoms:**

- Neck pain only  Back pain only  Scoliosis
- Neck and arm pain  Back and leg pain  Other \_\_\_\_\_

**What is the nature of your problems?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**What activities increase your pain? (check all that apply)**

- Sitting,  Standing,  Lying,  Walking,  Bending,  Coughing,  Bearing down
- Other \_\_\_\_\_

**How long have you had this problems?**

- Less than 1 month,  1- 3 months,  3-6 months,
- Greater than 6 months, How long? \_\_\_\_\_

**Are you out of work because of this problem?**  No,  Yes. If yes, how long? \_\_\_\_\_

**Prior treatments:**

Medicines: \_\_\_\_\_  
Therapy: \_\_\_\_\_  
Injections: \_\_\_\_\_  
Other: \_\_\_\_\_

**Social history:**

What is your occupation? \_\_\_\_\_

**Habits:**

Do you smoke?  No,  Yes (\_\_\_\_ pack/day, \_\_\_\_ years)

Do you drink?  No,  Yes (\_\_\_\_ drinks / week)

Do you participate in any sports / activities on a regular basis? \_\_\_\_\_

Do any medical problems run in your family? \_\_\_\_\_

**Medical History:**

Do you have? (check all that apply):

- high blood pressure  osteoporosis  arthritis  anemia
- heart disease  cataract/glaucoma  drug /alcohol abuse  inflam bowel
- emphysema  peptic ulcer  stroke  skin condition
- asthma  depression  multiple sclerosis  phlebitis
- diabetes  headaches  parkinson's  hepatitis
- cancer  seizure disorder  thyroid disease  hay fever/sinus
- Other \_\_\_\_\_

List all medicines you take:

Medicine	Reason	Medicine	Reason
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Do you have any allergies?  No,  Yes. If so, to what \_\_\_\_\_

Do you have any allergies to Iodine / Shellfish / Latex \_\_\_\_\_

List all prior surgeries:

Date	Surgeon
_____	_____
_____	_____
_____	_____
_____	_____

What prior imaging studies have you had done?

Study Date (as accurately as you recall)

- X-Rays \_\_\_\_\_
- MRI \_\_\_\_\_
- CT \_\_\_\_\_
- Myelogram \_\_\_\_\_
- Bone scan \_\_\_\_\_
- EMG \_\_\_\_\_
- Other \_\_\_\_\_

Nursing evaluation: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Support system: \_\_\_\_\_ Assist devices \_\_\_\_\_

## PAIN SCALE ESCALA DE DOLOR

Select the number on the scale that indicates your pain level 0=None 10=Max  
Seleccione el numero en la escala que indique su nivel de dolor. 0=Ninguno 10=Maximo

Back Pain  
> 0 . 1 . 2 . 3 . 4 . 5 . 6 . 7 . 8 . 9 . 10

*Dolor de  
Espalda*

Neck Pain  
> 0 . 1 . 2 . 3 . 4 . 5 . 6 . 7 . 8 . 9 . 10

*Dolor de  
Cuello*

Leg Pain  
> 0 . 1 . 2 . 3 . 4 . 5 . 6 . 7 . 8 . 9 . 10

*Dolor en  
la pierna*

Arm Pain  
> 0 . 1 . 2 . 3 . 4 . 5 . 6 . 7 . 8 . 9 . 10

*Dolor en  
el brazo*

Other/Otro > 0 . 1 . 2 . 3 . 4 . 5 . 6 . 7 . 8 . 9 . 10

\_\_\_\_\_  
(Describe)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

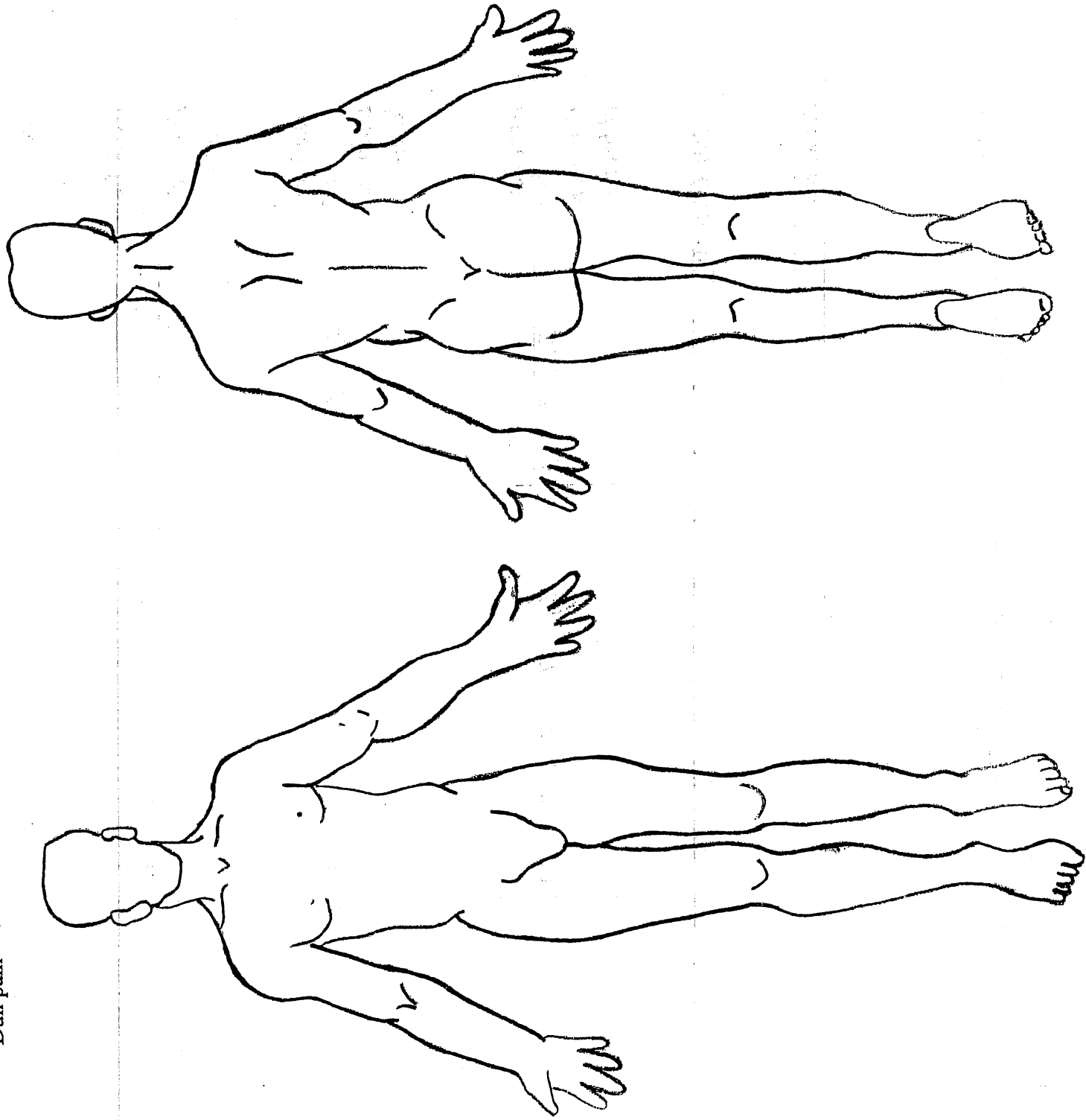
Please complete the following drawing to show where your pain is. You do not need to use all of the symbols, just those that apply. I understand the difficulty with pain descriptions, but please do the best that you can.

Sharp pain= XXXXXXXX

Dull pain= +++++++

Tingling=//////////

Numbness= OOOOOOO



## NECK DISABILITY INDEX

THIS QUESTIONNAIRE IS DESIGNED TO HELP US BETTER UNDERSTAND HOW YOUR NECK PAIN AFFECTS YOUR ABILITY TO MANAGE EVERYDAY -LIFE ACTIVITIES. PLEASE MARK IN EACH SECTION THE **ONE BOX** THAT APPLIES TO YOU. ALTHOUGH YOU MAY CONSIDER THAT TWO OF THE STATEMENTS IN ANY ONE SECTION RELATE TO YOU, PLEASE MARK THE BOX THAT **MOST CLOSELY** DESCRIBES YOUR PRESENT -DAY SITUATION.

### SECTION 1 - PAIN INTENSITY

- I have no pain at the moment.
- The pain is very mild at the moment.
- The pain is moderate at the moment.
- The pain is fairly severe at the moment.
- The pain is very severe at the moment.
- The pain is the worst imaginable at the moment.

### SECTION 2 - PERSONAL CARE

- I can look after myself normally without causing extra pain.
- I can look after myself normally, but it causes extra pain.
- It is painful to look after myself, and I am slow and careful.
- I need some help but manage most of my personal care.
- I need help every day in most aspects of self-care.
- I do not get dressed. I wash with difficulty and stay in bed.

### SECTION 3 - LIFTING

- I can lift heavy weights without causing extra pain.
- I can lift heavy weights, but it gives me extra pain.
- Pain prevents me from lifting heavy weights off the floor but I can manage if items are conveniently positioned, ie. on a table.
- Pain prevents me from lifting heavy weights, but I can manage light weights if they are conveniently positioned.
- I can lift only very light weights.
- I cannot lift or carry anything at all.

### SECTION 4 - WORK

- I can do as much work as I want.
- I can only do my usual work, but no more.
- I can do most of my usual work, but no more.
- I can't do my usual work.
- I can hardly do any work at all.
- I can't do any work at all.

### SECTION 5 - HEADACHES

- I have no headaches at all.
- I have slight headaches that come infrequently.
- I have moderate headaches that come infrequently.
- I have severe headaches that come frequently.
- I have headaches almost all the time.

### SECTION 6 - CONCENTRATION

- I can concentrate fully without difficulty.
- I can concentrate fully with slight difficulty.
- I have a fair degree of difficulty concentrating.
- I have a lot of difficulty concentrating.
- I have a great deal of difficulty concentrating.
- I can't concentrate at all.

### SECTION 7 - SLEEPING

- I have no trouble sleeping.
- My sleep is slightly disturbed for less than 1 hour.
- My sleep is mildly disturbed for up to 1-2 hours.
- My sleep is moderately disturbed for up to 2-3 hours.
- My sleep is greatly disturbed for up to 3-5 hours.
- My sleep is completely disturbed for up to 5-7 hours.

### SECTION 8 - DRIVING

- I can drive my car without neck pain.
- I can drive as long as I want with slight neck pain.
- I can drive as long as I want with moderate neck pain.
- I can't drive as long as I want because of moderate neck pain.
- I can hardly drive at all because of severe neck pain.
- I can't drive my car at all because of neck pain.

### SECTION 9 - READING

- I can read as much as I want with no neck pain.
- I can read as much as I want with slight neck pain.
- I can read as much as I want with moderate neck pain.
- I can't read as much as I want because of moderate neck pain.
- I can't read as much as I want because of severe neck pain.
- I can't read at all.

### SECTION 10 - RECREATION

- I have no neck pain during all recreational activities.
- I have some neck pain with all recreational activities.
- I have some neck pain with a few recreational activities.
- I have neck pain with most recreational activities.
- I can hardly do recreational activities due to neck pain.
- I can't do any recreational activities due to neck pain.

PATIENT NAME \_\_\_\_\_ DATE \_\_\_\_\_

SCORE \_\_\_\_\_ [50]

BENCHMARK -5 = \_\_\_\_\_