

# DESERT SPINE INSTITUTE REGISTRATION FORM

PATIENT'S LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_ MI: \_\_\_\_\_  
DATE OF BIRTH: \_\_\_\_\_ AGE: \_\_\_\_\_ SEX: M \_\_\_\_\_ F \_\_\_\_\_ MOTHER'S MAIDEN NAME \_\_\_\_\_  
MARITAL STATUS: \_\_\_\_\_ SINGLE \_\_\_\_\_ MARRIED \_\_\_\_\_ DIVORCED \_\_\_\_\_ SEPARATED \_\_\_\_\_ WIDOWED  
SOCIAL SECURITY NO.: \_\_\_\_\_ EMAIL: \_\_\_\_\_  
STREET ADDRESS: \_\_\_\_\_ PO BOX: \_\_\_\_\_  
CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_  
HOME PHONE: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_  
EMPLOYER NAME: \_\_\_\_\_ EMPLOYER PHONE NUMBER: \_\_\_\_\_  
REFERRING PROVIDER: DR. \_\_\_\_\_ PRIMARY CARE PHYSICIAN: \_\_\_\_\_

PREFERRED LANGUAGE: \_\_\_\_\_ INTERPRETER NEEDED: \_\_\_\_\_

\*IF AN INTERPRETER IS NEEDED FOR THE PATIENT PLEASE BE SURE ONE ACCOMPANIES THE PATIENT ON THE DAY OF THE APPOINTMENT OTHERWISE THE APPOINTMENT MAY BE RESCHEDULED

ETHNICITY: \_\_\_\_\_ RELIGION: \_\_\_\_\_

IS THIS APPOINTMENT WORK RELATED: YES \_\_\_\_\_ NO \_\_\_\_\_

IS THIS APPOINTMENT MOTOR VEHICLE ACCIDENT RELATED: YES \_\_\_\_\_ NO \_\_\_\_\_

GUARANTOR NAME: \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

ADDRESS (IF DIFFERENT): \_\_\_\_\_ CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_ HOME PHONE: \_\_\_\_\_

CELL PHONE: \_\_\_\_\_ SOCIAL SECURITY NO: \_\_\_\_\_

PATIENT'S RELATIONSHIP: \_\_\_\_\_ SELF \_\_\_\_\_ SPOUSE \_\_\_\_\_ CHILD \_\_\_\_\_ OTHER \_\_\_\_\_

NAME OF PRIMARY INSURANCE: \_\_\_\_\_

POLICY NUMBER: \_\_\_\_\_ GROUP NUMBER: \_\_\_\_\_

NAME OF SECONDARY INSURANCE: \_\_\_\_\_

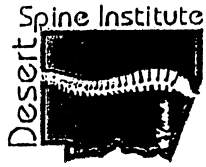
POLICY NUMBER: \_\_\_\_\_ GROUP NUMBER: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ RELATIONSHIP TO PATIENT: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

THE ABOVE INFORMATION IS TRUE TO THE BEST OF MY KNOWLEDGE. I AUTHORIZE MY INSURANCE BENEFITS TO BE PAID DIRECTLY TO THE PHYSICIAN. I UNDERSTAND THAT I AM FINANCIALLY RESPONSIBLE FOR ANY UNPAID BALANCES. I ALSO AUTHORIZE DESERT SPINE INSTITUTE OR INSURANCE COMPANY TO RELEASE ANY INFORMATION NEEDED TO PROCESS MY CLAIMS.

PATIENT/GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_



Desert Spine Institute

Yuma, AZ

Phone 928-247-9714

Fax 928-247-9718

**ADULT New Patient Evaluation Form**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of visit: \_\_\_\_\_

Consultation from: \_\_\_\_\_ Primary physician: \_\_\_\_\_  
City, State: \_\_\_\_\_ City, State: \_\_\_\_\_

Handedness:  right,  left

**Presenting symptoms:**

- Neck pain only  Back pain only  Scoliosis
- Neck and arm pain  Back and leg pain  Other \_\_\_\_\_

What is the nature of your problems?  
\_\_\_\_\_  
\_\_\_\_\_

What activities increase your pain? (check all that apply)

- Sitting,  Standing,  Lying,  Walking,  Bending,  Coughing,  Bearing down
- Other \_\_\_\_\_

How long have you had this problems?

- Less than 1 month,  1-3 months,  3-6 months,
- Greater than 6 months, How long? \_\_\_\_\_

Are you out of work because of this problem?  No,  Yes. If yes, how long? \_\_\_\_\_

**Prior treatments:**

Medicines: \_\_\_\_\_

Therapy: \_\_\_\_\_

Injections: \_\_\_\_\_

Other: \_\_\_\_\_

**Social history:**  
What is your occupation? \_\_\_\_\_

**Habits:**

Do you smoke?  No,  Yes (\_\_\_\_ pack/day, \_\_\_\_ years)

Do you drink?  No,  Yes (\_\_\_\_ drinks / week)

Do you participate in any sports / activities on a regular basis? \_\_\_\_\_

Do any medical problems run in your family? \_\_\_\_\_

**Medical History:**

Do you have? (check all that apply):

- |  |  |  |  |
|--|--|--|--|
| <input type="checkbox"/> high blood pressure | <input type="checkbox"/> osteoporosis      | <input type="checkbox"/> arthritis           | <input type="checkbox"/> anemia          |
| <input type="checkbox"/> heart disease       | <input type="checkbox"/> cataract/glaucoma | <input type="checkbox"/> drug /alcohol abuse | <input type="checkbox"/> inflam bowel    |
| <input type="checkbox"/> emphysema           | <input type="checkbox"/> peptic ulcer      | <input type="checkbox"/> stroke              | <input type="checkbox"/> skin condition  |
| <input type="checkbox"/> asthma              | <input type="checkbox"/> depression        | <input type="checkbox"/> multiple sclerosis  | <input type="checkbox"/> phlebitis       |
| <input type="checkbox"/> diabetes            | <input type="checkbox"/> headaches         | <input type="checkbox"/> parkinson's         | <input type="checkbox"/> hepatitis       |
| <input type="checkbox"/> cancer              | <input type="checkbox"/> seizure disorder  | <input type="checkbox"/> thyroid disease     | <input type="checkbox"/> hay fever/sinus |
| <input type="checkbox"/> Other _____         |  |  |  |

List all medicines you take:

Medicine	Reason	Medicine	Reason
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Do you have any allergies?  No,  Yes. If so, to what \_\_\_\_\_

Do you have any allergies to Iodine / Shellfish / Latex \_\_\_\_\_

List all prior surgeries:

Date	Surgeon
_____	_____
_____	_____
_____	_____
_____	_____

What prior imaging studies have you had done?

Study Date (as accurately as you recall)

- X-Rays \_\_\_\_\_
- MRI \_\_\_\_\_
- CT \_\_\_\_\_
- Myelogram \_\_\_\_\_
- Bone scan \_\_\_\_\_
- EMG \_\_\_\_\_
- Other \_\_\_\_\_

Nursing evaluation: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Support system: \_\_\_\_\_ Assist devices \_\_\_\_\_

**PAIN SCALE**  
**ESCALA DE DOLOR**

Select the number on the scale that indicates your pain level 0=None 10=Max  
Seleccione el numero en la escala que indique su nivel de dolor. 0=Ninguno 10=Maximo

Back Pain  
> 0 . 1 . 2 . 3 . 4 . 5 . 6 . 7 . 8 . 9 . 10  
*Dolor de*  
*Espalda*

Neck Pain  
> 0 . 1 . 2 . 3 . 4 . 5 . 6 . 7 . 8 . 9 . 10  
*Dolor de*  
*Cuello*

Leg Pain  
> 0 . 1 . 2 . 3 . 4 . 5 . 6 . 7 . 8 . 9 . 10  
*Dolor en*  
*la pierna*

Arm Pain  
> 0 . 1 . 2 . 3 . 4 . 5 . 6 . 7 . 8 . 9 . 10  
*Dolor en*  
*el brazo*

Other/Otro > 0 . 1 . 2 . 3 . 4 . 5 . 6 . 7 . 8 . 9 . 10

\_\_\_\_\_  
(Describe)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

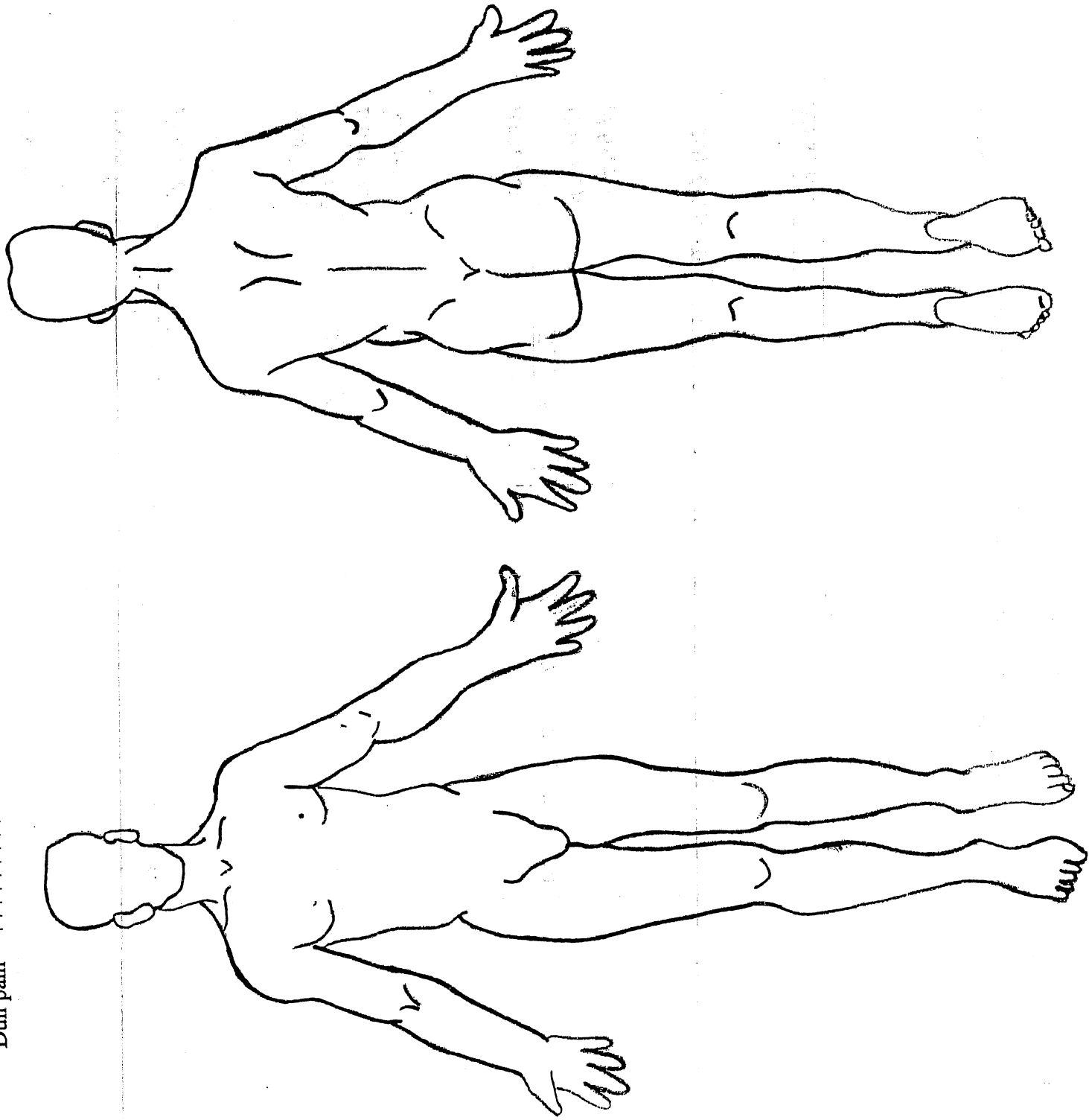
Please complete the following drawing to show where your pain is. You do not need to use all of the symbols, just those that apply. I understand the difficulty with pain descriptions, but please do the best that you can.

Sharp pain= XXXXXXXXX

Tingling=//////////

Dull pain= +++++++

Numbness= 0000000



# Oswestry Disability Questionnaire

Please check **ONE BOX IN EACH SECTION** for the statement which best applies to you. This questionnaire has been designed to give us information as to how your **back or leg pain** is affecting your ability to manage in everyday life.

## Section 1: Pain Intensity

- I have no pain at the moment
- The pain is very mild at the moment
- The pain is moderate at the moment
- The pain is fairly severe at the moment
- The pain is very severe at the moment
- The pain is the worst imaginable at the moment

## Section 2: Personal Care

- I can look after myself normally without causing extra pain
- I can look after myself normally but it causes extra pain
- It is painful to look after myself and I am slow and careful
- I need some help but can manage most of my personal care
- I need help every day in most aspects of self-care
- I do not get dressed, wash with difficulty and stay in bed

## Section 3: Lifting

- I can lift heavy weights without causing extra pain
- I can lift heavy weights but it gives me extra pain
- Pain prevents me lifting heavy weights off the floor but I can manage if they are conveniently placed (e.g. on a table)
- Pain prevents me lifting heavy weights but I can manage light to medium weights if they are conveniently positioned
- I can only lift very light weights
- I cannot lift or carry anything at all.

## Section 4: Walking

- Pain does not prevent me walking any distance
- Pain prevents me from walking more than 1 mile
- Pain prevents me from walking more than ½ mile
- Pain prevents me from walking more than 100 yards
- I can only walk using a stick or crutches
- I am in bed most of the time

## Section 5: Sitting

- I can sit in any chair as long as I like
- I can only sit in my favorite chair as long as I like
- Pain prevents me sitting more than one hour
- Pain prevents me from sitting more than 30 minutes
- Pain prevents me from sitting more than 10 minutes
- Pain prevents me from sitting at all

## Section 6: Standing

- I can stand as long as I want without extra pain
- I can stand as long as I want but it gives me extra pain
- Pain prevents me from standing for more than 1 hour
- Pain prevents me from standing for more than 30 minutes
- Pain prevents me from standing for more than 10 minutes
- Pain prevents me from standing at all

## Section 7: Sleeping

- My sleep is never disturbed by pain
- My sleep is occasionally disturbed by pain
- Because of pain I have less than 6 hours sleep
- Because of pain I have less than 4 hours sleep
- Because of pain I have less than 2 hours sleep
- Pain prevents me from sleeping at all

## Section 8: Sex Life (if applicable)

- My sex life is normal and causes no extra pain
- My sex life is normal but causes some extra pain
- My sex life is nearly normal but is very painful
- My sex life is severely restricted by pain
- My sex life is nearly absent because of pain
- Pain prevents any sex life at all

## Section 9: Social Life

- My social life is normal and gives me no extra pain
- My social life is normal but increases the degree of pain
- Pain has no significant effect on my social life apart from limiting my more energetic interests e.g. sport
- Pain has restricted my social life and I do not go out as often
- Pain has restricted my social life to my home
- I have no social life because of pain

## Section 10: Traveling

- I can travel anywhere without pain
- I can travel anywhere but it gives me extra pain
- Pain is bad but I manage journeys over two hours
- Pain restricts me to journeys of less than one hour
- Pain restricts me to short necessary journeys under 30 minutes
- Pain prevents me from travelling except to receive treatment

Patient Name \_\_\_\_\_

Date \_\_\_\_\_

Score \_\_\_\_\_