

Notice of Privacy Practices Douglas Hamilton, M.D.

As required by the Privacy Regulations Created as a result of the Health Insurance Portability and Accountability Act of 1996 (HIPAA).

THIS NOTICE DESCRIBES HOW PERSONAL AND HEALTH INFORMATION ABOUT YOU (AS A PATIENT OF THIS PRACTICE) MAY BE USED AND DISCLOSED, AND HOW YOU CAN GET ACCESS THIS INFORMATION. PLEASE REVIEW THIS NOTICE CAREFULLY.

OUR COMMITMENT TO YOUR PRIVACY

Our practice is dedicated to maintaining the privacy of your personal and health information. By federal and state law, we must follow the terms of the notice of privacy practices that we have in effect at the time.

We realize that these laws are complicated, but we must provide you with the following important information:

- ♦ How we may use and disclose your personal and health information.
- ♦ Your privacy rights regarding your personal and health information.
- ♦ Our obligations concerning the use and disclosure of your personal and health information.

The terms of this notice apply to all records containing your personal and health information that are created or retained by our practice. We reserve the right to revise or amend this Notice of Privacy Practices. Any revision or amendment to this notice will be effective for all of your records that our practice has created or maintained in the past, and for any of your records that we may create or maintain in the future. Our practice will post a copy of our current Notice in our offices in a visible location at all times, and you may request a copy of our most current Notice at any time.

Effective Date of this Notice: APRIL 14, 2003

IF YOU HAVE QUESTIONS ABOUT THIS NOTICE, PLEASE CONTACT:

Kathleen Castiglilola, Privacy Officer, Douglas Hamilton, M.D., 6325 Topanga Cyn. Blvd. #301, Woodland Hills, Ca. 91367. Phone: 818-884-7150

WE MAY USE AND DISCLOSE YOUR PERSONAL AND HEALTH INFORMATION IN THE FOLLOWING WAYS:

The following categories describe the different ways in which we may use and disclose your personal and health information without your authorization.

1. Treatment. Our practice may use your personal and health information to treat you. For example, we may ask you to have laboratory tests (such as blood or urine tests), and we may use the results to help us determine a diagnosis. We might use your personal and health information in order to write a prescription for you, or we might disclose your personal and health information to a pharmacy when we order a prescription for you. Many of the people who work for our practice - including, but not limited to, our doctors, physician's assistant, nurses,

medical assistants and receptionist - may use or disclose your personal and health information in order to treat you or to assist others in your treatment. Additionally, we may disclose your personal and health information to others who may assist in your care, such as your spouse, children or parents if you are unavailable or unable to agree, such as in a medical emergency or disaster relief. We will disclose this information only to the extent necessary to help you with your health care or with payment for your health care. We may also disclose your personal or health information to other health care providers for purposes related to your treatment.

2. Payment. Our practice may use and disclose your personal and health information in order to bill and collect payment for the services and items you may receive from us. For example, we may contact your health insurer to certify that you are eligible for benefits (and for what range of benefits), and we may provide your insurer with details regarding your treatment to determine if your insurer will cover, or pay for, your treatment. We also may use and disclose your personal and health information to obtain payment from third parties that may be responsible for costs, such as family members. Also, we may use your personal and health information to bill you directly for services and items. We may disclose your personal and health information to other health care providers and entities to assist in their billing and collection efforts.

3. Health Care Operations. Our practice may use and disclose your personal and health information as necessary in connection with our health care operations. As examples, our practice may use your personal and health information to evaluate the quality of care you received from us, or to conduct cost-management and business planning activities for our practice. We may also use or disclose your personal and health to our business associates for the performance of certain business functions, for example, the company which stores our medical records. Business associates must also agree to safeguard your personal and health information as required by law.

4. Appointment Reminders. Our practice may use and disclose your personal and health information to contact you and remind you of an appointment. We reserve the right to contact you regarding appointment reminders or follow-up reminders by leaving a message on your answering machine or voice mail or with a family member, or by mailing a postcard to you. We will limit the amount of information necessary to confirm an appointment or to ask you to call us back. If you wish to make alternative arrangements, it must be done in writing to us. Please see details under "Confidential Communications" under "Your Rights Regarding Your Personal and Health Information"

5. Treatment Options. Our practice may use and disclose your personal and health information to inform you of potential treatment options or alternatives.

6. Health-Related Benefits and Services. Our practice may use and disclose your personal or health information to inform you of health-related benefits or services that may be of interest to you.

7. Release of Information to Family/Friends. Our practice may release your personal or health information to a friend or family member that is involved in your care, or who assists in taking care of you. For example, a parent or guardian may ask that a babysitter take their child to our office for treatment of a rash. In this example, the babysitter may have access to this child's medical information.

8. Disclosures Required By Law. Our practice will use and disclose your personal and health information when we are required to do so by federal, state or local law.

USE AND DISCLOSURE OF YOUR PERSONAL AND HEALTH INFORMATION IN CERTAIN SPECIAL CIRCUMSTANCES

The following categories describe unique scenarios in which we may use or disclose your identifiable health information:

1. Public Health Risks. Our practice may disclose your personal and health information to public health authorities that are authorized by law to collect information for the purpose of: maintaining vital records, such as births and deaths reporting child abuse or neglect preventing or controlling disease, injury or disability notifying a person regarding potential exposure to a communicable disease notifying a person regarding a potential risk for spreading or contracting a disease or condition reporting reactions to drugs or problems with products or devices notifying individuals if a product or device they may be using has been recalled notifying appropriate government agency(ies) and authority(ies) regarding the potential abuse or neglect of an adult patient (including domestic violence); however, we will only disclose this information if the patient agrees or we are required or authorized by law to disclose this information notifying your employer under limited circumstances related primarily to workplace injury or illness or medical surveillance.

2. Health Oversight Activities. Our practice may disclose your personal and health information to a health oversight agency for activities authorized by law. Oversight activities can include, for example, investigations, inspections, audits, surveys, licensure and disciplinary actions; civil, administrative, and criminal procedures or actions; or other activities necessary for the government to monitor government programs, compliance with civil rights laws and the health care system in general.

3. Lawsuits and Similar Proceedings. Our practice may use and disclose your personal and health information in response to a court or administrative order, if you are involved in a lawsuit or similar proceeding. We also may disclose your personal and health information in response to a discovery request, subpoena, or other lawful process by another party involved in the dispute, but only if we have made an effort to inform you of the request.

4. Law Enforcement. We may release personal and health information if asked to do so by a law enforcement official:
Regarding a crime victim in certain situations, if we are unable to obtain the person's agreement

Concerning a death we believe has resulted from criminal conduct

Regarding criminal conduct at our offices

In response to a warrant, summons, court order, subpoena or similar legal process

To identify/locate a suspect, material witness, fugitive or missing person

In an emergency, to report a crime (including the location or victim(s) of the crime, or the description, identity or location of the perpetrators.

5. Deceased Patients. Our practice may release personal and health information to a medical examiner or coroner to identify a deceased individual or to identify the cause of death. If necessary, also may release information in order for funeral directors to perform their jobs.

6. Organ and Tissue Donation. Our practice may release your personal and health information to organizations that handle organ, eye or tissue procurement or transplantation, including organ donation banks, as necessary to facilitate organ or tissue donation and transplantation if you are an organ donor

7. Research. Our practice may use and disclose your personal and health information for research purposes in certain limited circumstances. We will obtain your written authorization to use your personal and health information for research purposes except when Internal or Review Board or Privacy Board has determined that the waiver of your authorization satisfies the following: (i) the use or disclosure involves no more than a minimal risk to your privacy based on the following: (A) an adequate plan to protect the identifiers from improper use and disclosure; (B) an adequate plan to destroy the identifiers at the earliest opportunity consistent with the research (unless there is a health or research justification for retaining the identifiers or such retention is otherwise required by law); and (C) adequate written assurances that the PHI will not be re-used or disclosed to any other person or entity (except as required by law) for authorized oversight of the research study, or for other research for which the use or disclosure would otherwise be permitted; (ii) the research could not practicably be conducted without the waiver; and (iii) the research could not practicably be conducted without access to and use of the personal and health information.

8. Serious Threats to Health or Safety. Our practice may use and disclose your personal and health information when necessary to reduce or prevent a serious threat to your health and safety or the health and safety of another individual or the public. Under these circumstances, we will only make disclosures to a person or organization able to help prevent the threat.

9. Military. Our practice may disclose your personal and health information if you are a member of U.S. or foreign military forces (including veterans) and if required by the appropriate authorities.

10. National Security. Our practice may disclose your personal and health information to federal officials for intelligence and national security activities authorized by law. We also may disclose your personal and health information to federal officials in order to protect the President, other officials or foreign heads of state, or to conduct investigations.

11. Inmates. Our practice may disclose your personal and health information to correctional institutions or law enforcement officials if you are an inmate or under the custody of a law enforcement official. Disclosure for these purposes would be necessary: (a) for the institution to provide health care services to you, (b) for the safety and security of the institution, and/or (c) to protect your health and safety or the health and safety of other individuals.

12. Workers' Compensation. Our practice may release your personal and health for workers' compensation and similar programs.

YOUR RIGHTS REGARDING YOUR PERSONAL AND HEALTH INFORMATION

You have the following rights regarding the personal and health information that we maintain about you:

1. Confidential Communications. You have the right to request that our practice communicate with you about your health and related issues in a particular manner or at a certain location. For

instance, you may ask that we contact you at home, rather than work. In order to request a type of confidential communication, you must make a written request to Kathleen Castigliola, 6325 Topanga Cyn. Blvd.# 301,Woodland Hills, Ca.91367 Phone # 818-884-7150 specifying the requested method of contact, or the location where you wish to be contacted. Our practice will accommodate reasonable requests. You do not need to give a reason for your request.

2. Requesting Restrictions. You have the right to request a restriction in our use or disclosure of your personal and health information for treatment, payment or health care operations. Additionally, you have the right to request that we restrict our disclosure of your personal and health information to only certain individuals involved in your care or the payment for your care, such as family members and friends.

We are not required to agree to your request; however, if we do agree, we are bound by our agreement except when otherwise required by law, in emergencies, or when the information is necessary to treat you. In order to request a restriction in our use or disclosure of your personal and health information, you must make your request in writing to Kathleen Castigliola at 6325 Topanga Cyn. Blvd. #301, Woodland Hills, Ca. 91367 Phone # 818-884-7150 Your request must describe in a clear and concise fashion:

- (a) the information you wish restricted;
- (b) whether you are requesting to limit our practice's use, disclosure or both; and
- (c) to whom you want the limits to apply.

If we accept the restrictions that you request and you later want to terminate those restrictions, you must notify us in writing.

3. Inspection and Copies. You have the right to inspect and obtain a copy of the personal and health information that may be used to make decisions about you, including patient medical records and billing records, but not including psychotherapy notes. You must submit your request in writing to Kathleen Castigliola, 6325 Topanga Cyn. Blvd., #301, Woodland Hills, Ca. 91367 ,Phone # 818-884-7150 in order to inspect and/or obtain a copy of your personal and health information. Our practice may charge a fee for the costs of copying, mailing, labor and supplies associated with your request. Our practice may deny your request to inspect and/or copy in certain limited circumstances; however, you may request a review of our denial. Another licensed health care professional chosen by us will conduct reviews.

4. Amendment. You may ask us to amend your health information if you believe it is incorrect or incomplete, and you may request an amendment for as long as the information is kept by or for our practice. To request an amendment, your request must be made in writing and submitted to Kathleen Castigliola, 6325 Topanga Cyn. Blvd. #301, Woodland Hills, Ca. 91367, Phone #-818-884-7150 You must provide us with a reason that supports your request for amendment. Our practice will deny your request if you fail to submit your request (and the reason supporting your request) in writing. Also, we may deny your request if you ask us to amend information that is in our opinion: (a) accurate and complete; (b) not part of the personal and health information kept by or for the practice; (c) not part of the personal and health information which you would be permitted to inspect and copy; or (d) not created by our practice, unless the individual or entity that created the information is not available to amend the information.

5. Accounting of Disclosures. All of our patients have the right to request an "accounting of disclosures", which is a list of certain non-routine disclosures our practice has made of your

personal and health information. Use of your personal and health information as part of the routine patient care in our practice is not required to be documented. For example, the doctor sharing information with the nurse; or the billing department using your information to file your insurance claim. In order to obtain an accounting of disclosures, you must submit your request in writing to Kathleen Castigliola, 6325 Topanga Cyn. Blvd.#301, Woodland Hills, Ca. 91367 Phone # 818-884-7150. All requests for an "accounting of disclosures" must state a time period, which may not be longer than six (6) years from the date of disclosure and may not include dates before April 14, 2003. We will respond to your request no later than 30 days after we receive your written request. The first list you request within a 12-month period is free of charge, but our practice may charge you for additional lists within the same 12-month period. Our practice will notify you of the costs involved with additional requests, and you may withdraw your request before you incur any costs.

6. Right to a Paper Copy of This Notice. You are entitled to receive a paper copy of our notice of privacy practices. You may ask us to give you a copy of this notice at any time. To obtain a paper copy of this notice, please ask or phone the front desk or contact the privacy officer.

7. Right to File a Complaint. If you believe your privacy rights have been violated or if you have any questions, you may file a complaint with our practice or with the Secretary of the Department of Health and Human Services. To file a complaint with our practice, contact Kathleen Castigliola, 6325 Topanga Cyn Blvd. #301, Woodland Hills ,Ca. 91367, Phone # 818-884-7150.

All complaints must be submitted in writing. You will not be penalized or retaliated in any way for filing a complaint.

8. Right to Provide an Authorization for Other Uses and Disclosures. Our practice will obtain your written authorization for uses and disclosures that are not identified by this notice or permitted by applicable law. Any authorization you provide to us regarding the use and disclosure of your personal and health information may be revoked at any time in writing. After you revoke your authorization, we will no longer use or disclose your personal and health for the reasons described in the authorization. Please note that we are required to retain records of your care.

Again, if you have any questions regarding this notice or our health information privacy policies, please contact Kathleen Castigliola, 6325 Topanga Cyn. Blv, #301, Woodland Hills, Ca. 91367, Phone (818) 884-7150.