



3033 Winkler Ave St. 100
Fort Myers, FL 33916
Phone: 239-277-7070
Fax: 239-277-7071

Peripheral Neuropathy Treatments

Alpha Lipoic Acid is an anti-oxidant that some studies have shown benefit patients especially those with diabetes.

Found over the counter and costs about \$17 for a 4-month supply. Recommended dose is 600 mg once daily.

Metanx also known as L-Methylfolate calcium is an active form of folate and other essential B vitamins. This is a prescription medication. For best coverage use Rx Direct Plus 1-844-561-6925. Cost is around \$58/month.

Gabapentin (neurontin) is a prescription medication for nerve pain and anti-seizures. Careful with alcohol and medications that cause drowsiness.

Lyrica (pregabalin) is a prescription medication used to treat nerve and muscle pain, can cause lower leg edema.