Peripheral Neuropathy Treatments

**Alpha Lipoic Acid** is an anti-oxidant that some studies have shown benefit patients especially those with diabetes. Found over the counter and costs about $17 for a 4-month supply. Recommended dose is 600 mg once daily.

**Metanx** also known as L-Methylfolate calcium is an active form of folate and other essential B vitamins. This is a prescription medication. For best coverage use Rx Direct Plus 1-844-561-6925. Cost is around $58/month.

**Gabapentin (neurontin)** is a prescription medication for nerve pain and anti-seizures. Careful with alcohol and medications that cause drowsiness.

**Lyrica (pregabalin)** is a prescription medication used to treat nerve and muscle pain, can cause lower leg edema.