

**PATIENT HEALTH HISTORY**

Name: \_\_\_\_\_ Age: \_\_\_\_ Birth date: \_\_\_/\_\_\_/\_\_\_ Today's date: \_\_\_/\_\_\_/\_\_\_  
 Your Occupation: \_\_\_\_\_ Primary Care Provider: \_\_\_\_\_  
 Who may we thank for this referral: \_\_\_\_\_  
 Your email address: \_\_\_\_\_

**Reason for today's visit:** Wellness Y N Problem Y N \_\_\_\_\_

**Past Medical and Family History:**

Please circle all that apply. Additional boxes available for other medical history not listed.

(P=Patient (you) F=father M=mother C=child S=sibling GM=grandmother GF=grandfather)

Alcoholism	P F M C S GM GF	High cholesterol	P F M C S GM GF
Asthma	P F M C S GM GF	Hypertension	P F M C S GM GF
Bleeding disorder	P F M C S GM GF	Migranes	P F M C S GM GF
Diabetes	P F M C S GM GF	Depression	P F M C S GM GF
Breast cancer	P F M C S GM GF	Seizures	P F M C S GM GF
Ovarian cancer	P F M C S GM GF	Stroke	P F M C S GM GF
Endometrial cancer	P F M C S GM GF	Thyroid disease	P F M C S GM GF
Colon cancer	P F M C S GM GF	Sleep apnea	P F M C S GM GF
Melanoma	P F M C S GM GF	Dementia	P F M C S GM GF
_____	P F M C S GM GF	_____	P F M C S GM GF
_____	P F M C S GM GF	_____	P F M C S GM GF

**Past Surgeries:**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**List your current Medications: (Prescribed and over the counter) Dosage and directions**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Do you have allergies to medicines? N Y If yes then list:**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Social History: Please list below if you are involved in the following activities**

Alcohol N Y \_\_\_times per week  
 Tobacco N Y \_\_\_times per week  
 Illicit drugs N Y \_\_\_times per week  
 Exercise N Y \_\_\_times per week  
 Abuse N Y \_\_\_ Past \_\_\_\_\_ Current \_\_\_\_\_

**OB/GYN History:**

**Have you had a period in the last year? N Y**

Last period (1<sup>st</sup> day of last period) \_\_\_/\_\_\_/\_\_\_

Are they monthly? Y N

How many days does period last? 0 1 2 3 4 5 6 7 8 9 \_\_\_

Do you have pain or cramps? Mild Moderate Severe

Present method of birth control (including vasectomy): \_\_\_\_\_

**If yes, please complete these questions:**

Is the flow heavy? Y N

**Have you ever:**

Taken hormones: \_\_\_\_\_

Had STD N Y \_\_\_\_\_

Had abnormal pap N Y Treatment required \_\_\_\_\_

Had infertility N Y

Prior pregnancies: Total # pregnancies \_\_\_ # miscarriages \_\_\_ # abortions \_\_\_ #living children \_\_\_

#adopted children \_\_\_ vaginal delivery \_\_\_ C-section \_\_\_ Did you breast feed? \_\_\_

**TODAY: (Only circle what is a problem for you today) Review of Systems:**

**General**

Sudden weight loss/gain

Fevers/aching

Eye problems

**Ear, Nose, Throat, Mouth**

Head cold

Sinusitis

Sore throat

**Mental Health**

Depression

Anxiety

Mood swings

**Musculoskeletal**

Muscle aches

Back pain/strain

Leg/hip pain

**Endocrine**

Thyroid problems

**Respiratory**

Cough

Shortness of breath

**Cardiac/vascular**

Chest pain

Swelling of legs

Varicose veins

Heart palpitations

**Hematologic**

Bruising

Swollen glands

**Genitourinary**

Pain with urination

Problem leaking urine

Urine frequency

**Skin**

Abnormal mole

Rashes/lesion

**GYN**

Irregular periods/no periods

Painful periods

Pelvic pain

Vaginal discharge

Hot flashes

Night sweats

STD exposure

**Breast**

Breast pain

Breast lump

**Gastrointestinal**

Nausea/Vomiting

Diarrhea

Heartburn

Constipation

Hemorrhoids

Blood in stool

Leave this section blank. To be completed by staff:

Last pap: Date \_\_\_\_\_ Results \_\_\_\_\_

Mammogram: Date \_\_\_\_\_ Loc \_\_\_\_\_ Results \_\_\_\_\_

Colorectal screening: Date \_\_\_\_\_ Results \_\_\_\_\_

Type of Birth Control: \_\_\_\_\_

BSE: No \_\_\_ Yes \_\_\_

Bone Density: Date \_\_\_\_\_ Results \_\_\_\_\_

Immunizations: Gardasil \_\_\_\_\_

Please Sign and Date \_\_\_\_\_

Provider Sign and Date \_\_\_\_\_