

# NIH Chronic Prostatitis Symptoms Index

CSFU

Last Name	First Name	Date of Birth	Date
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## Pain and Discomfort

Score \_\_\_\_\_

<b>1. In the last week, have you experience any pain or discomfort in the following areas?</b>	Yes	No	<b>3. How often have you had pain or discomfort in any of these areas over the last week?</b>	Never	0	Often	3							
	a Area between the rectum and the testicle (perineum)?	1		0	Rarely	1	Usually	4						
	b Testicles	1		0	Sometimes	2	Always	5						
	c Tip of the penis (not related to urination)	1		0										
d Bellow your waste, in your pubic or bladder area	1	0												
<b>2. In the last week have you experienced</b>	Yes	No	<b>4. Which # best describes your average pain or discomfort on the days that you had it over the last week?</b>											
	a. Pain or burning during urination?	1		0	1	2	3	4	5	6	7	8	9	10
	b. Pain or discomfort during or after sexual climax (ejaculation)?	1		0	No Pain					Pain as bad as you can imagine				

## Urination

Score \_\_\_\_\_

<b>5. How often have you had a sensation of not emptying your bladder completely after you finished urination during last week?</b>	Not at all	0	About half the time	3	<b>6. How often have you had to urinate again less than 2 hours after you finished urinating, over the last week?</b>	Not at all	0	About half the time	3
	Less than 1 time in 5	1	More than half the time	4		Less than 1 time in 5	1	More than half the time	4
	Less than half the time	2	Almost always	5		Less than half the time	2	Almost always	5

## Impact of symptoms & Quality of life

Score \_\_\_\_\_

<b>7. How much have your symptoms kept you from doing the kinds of things you would usually do, over the last week?</b>	None	0	Some	3	<b>8. How much did you think about your symptoms during last week?</b>	None	0	Some	3
	Only a little	1	A lot	4		Only a little	1	A lot	4
	<b>9. If you were to spend the rest of your life with your symptoms just the way they have been during the last week, how would you feel about that?</b>					Pleased	1	Mostly dissatisfied	4
			Mostly satisfied	2	Unhappy	5			
			Delighted	0	Mixed	3	Terrible	6	