



HELPFUL HINTS FOR SURGERY

1. **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT** prior to your scheduled surgery. Nothing past your lips except your toothbrush. No gum, no candy, no ice, no water - **NOTHING**.
2. Please inform your physician if you are currently taking any prescribed medications.
3. Do not take any aspirin-containing products or herbal supplements prior to surgery.
4. Patients to be admitted to the hospital overnight must pack a small bag with personal items.
5. For our comfort, bring loose clothing to wear home when you are discharged from the hospital.
6. The night before your surgery, please shower with the soap we give you from the office. Chlorhexidine Instructions are with the soap
7. Prior to your surgery, you should **REMOVE ALL** cosmetics, contact lenses, jewelry, and dentures. Nails should not be polished with dark colors.
8. You will need someone to drive you to and from the surgery center.
9. Patients should arrive at the hospital approximately 2 hours prior to surgery unless told otherwise.
10. Your physician will tell you when you may resume normal activities, and return for a post-op visit.

**IF YOU HAVE ANY QUESTIONS, PLEASE DO NOT HESITATE TO
CONTACT OUR OFFICE AT (239) 432-5858**