

# MARCH 2019

| SUNDAY | MONDAY | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY                                 | SATURDAY |
|--------|--------|---|--|---|--|----------|
|        |        |   |  |   | 1<br><b>Post Op Class /</b><br>9:00am  | 2        |
| 3      | 4      | 5   | 6  | 7<br><b>Educational Seminar /</b> Ventura<br>6:30pm   | 8<br><b>Post Op Class /</b><br>9:00am  | 9        |
| 10     | 11     | 12  | 13   | 14<br><b>Staff Meeting Support 2.0 /</b><br>Ventura 6:30pm  | 15<br><b>Post Op Class /</b><br>1:45pm | 16       |
| 17     | 18     | 19  | 20<br><b>General Support Group /</b> Thousand Oaks<br>6:30pm | 21<br><b>Educational Seminar /</b> Ventura<br>6:30pm  | 22<br><b>Post Op Class /</b><br>9:00am | 23       |
| 24     | 25     | 26  | 27   | 28<br><b>Fresh Start Ed /</b> Ventura<br>5:30pm<br><b>General Support Group /</b> Ventura<br>6:30pm | 29                                     | 30       |
| 31     |        | <p>More at Dr. Billy's...</p> <p><b>Tre Jolie MediSpa</b><br/>Monthly specials and discounts for Dr. Billy patients! Call for details.<br/><b>805.620.0791</b></p> <p><b>Want to find the perfect workout?</b><br/>Shred &amp; Shed might be right for you! Call for details.</p> |  |   |  |          |



**Helmuth T. Billy, M.D.**  
Ventura Advanced Surgical Associates

3200 Telegraph Rd,  
Ventura, CA

PHONE: 805.676.9100

[www.drillybariatrics.com](http://www.drillybariatrics.com)