

Safe Medications in Pregnancy

The following medications may be taken safely during pregnancy in moderation. Any medication that is prescribed by your doctor is safe to take. **DO NOT** take anything that is not on this list or is not prescribed by your doctor unless you consult your physician first.

<p>ACNE Benzoyl Perozide Top Erythromycin Glycolic Acid Salicylic Acid</p> <p>AVOID: Accutane Minocycline Tetracycline Retin-A</p>	<p>ALLERGIES Benedryl Claritin/Claritin D Chlor-Trimeton Tylenol Allergy/Sinus Zyrtec</p> <p>AVOID: Claritin-D if you have high BP</p>	<p>ANTIBIOTICS Amoxicillin/Ampicillin Bactrim Clindamycin Erythromycin Keflex Macrobid/Macrodantin Penicillin Zithromax</p> <p>AVOID: Cipro, Levaquin, Minocycline Levaquin</p>	<p>COLD/SINUSES Breath Right Strips Mucinex Saline Nasal Spray Sudafed Tylenol Cold remedies Vicks Vapor Rub</p> <p>AVOID: Sudafed if you have High BP</p>	<p>CONSTIPATION Citrucel Colace Dulcolax Fiberall Fibercon Metamucil Milk of Magnesia Senekot</p>
<p>COUGH Robitussin Robitussin DM Detromethorphan Vicks Vapor Rub</p>	<p>DIARRHEA Immodium Kaopectate</p>	<p>GAS Gas-X Phazyme Mylicon Simethicone</p>	<p>HEADACHE Cold Compresses Fioricet Tylenol Reg and ES Vicodin</p> <p>AVOID: Aspirin Ibuprofen</p>	<p>HEARTBURN Maalox Milk of Magnesia Mylanta Pepcid Tagamet Tums/Rolaid Zantac</p>
<p>HEMORRHOIDS Anusol HC Preparation H Proctocort Tucks</p>	<p>HERPES Acyclovir Famvir Valtrex Zovirax</p>	<p>INDIGESTION Gaviscon Maalox Mylanta Pepto-Bismol Rolaids/Tums (limit to 4x/day)</p>	<p>INSOMNIA Benadryl Chamomile Tea Tylenol PM Unisom</p>	<p>NAUSEA Dramamine Emetrol - Ginger root Reglan Unisom Vitamin B6 Zofran</p> <p>AVOID: Emetrol if diabetic</p>
<p>PAIN & FEVER Tylenol Tylenol #3 Vicodin</p> <p>AVOID: Aspirin Ibuprofen Motrin</p>	<p>SORE THROAT Cepacol Cepastat Chloraseptic spray Halls drops Salt water gargle Sucrets</p>	<p>YEAST INFECTION Gyne-Lotrimin Monistat 3day or 7day Mycelex Vagisil</p> <p>AVOID: Diflucan</p>		