



SAN ANTONIO SURGICAL ARTS

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Important Instructions Regarding Anesthesia

In most cases, local anesthesia will be given for your procedure. However, your doctor will evaluate you and may choose one of the following as a supplement to the local anesthesia. Each choice requires different preparation on the part of the patient. For your safety, it is important that you read and follow the instructions carefully. If you are unclear about anything, please ask the doctor.

For all procedures, please wear comfortable, loose-fitting clothing. Tops/shirts should have sleeves which are easily drawn up above the elbow. Colored nail polish should be removed before your procedure.

A. Local Anesthesia

1. Have a light meal a few hours prior to your procedure.
2. For more extensive procedures, you may wish to have someone drive you home.
3. Plan to rest following the procedure.

B. Nitrous Oxide

1. You may have a light meal four (**4**) hours prior to the procedure.
2. You **MUST** have a responsible person to drive you home after your procedure.
3. Plan to rest for the remainder of the day.

C. IV Sedation or General Anesthesia

1. Avoid solid food and milk for at least eight (**8**) hours before your procedure. You may drink limited quantities of water up to two (**2**) hours before the procedure.
2. It is important that you take any regular medication or pre-medication as directed.
3. Patients taking medicine for **diabetes** or **blood thinners** require additional instructions. Specific instructions should be discussed with your doctor prior to the day of surgery.
4. You **MUST** have a person drive you home after surgery. Plan to rest for the remainder of the day. **Do Not** operate power tools, machinery, etc. for 24 hours after your procedure.

If you have any additional questions, please call 210.341.7264.

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