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PATIENT NAME: _____

PROCEDURE: COLONOSCOPY____ OTHER:_____

FACILITY: KINGSTON HOSPITAL____ OTHER:_____

DATE OF PROCEDURE: _____ ARRIVAL TIME: _____

AVOID aspirin/aspirin products, Advil/Motrin/Aleve/Ibuprofen, Vitamin E (multi-vitamins w/E), fish oil, flaxseed oil or foods with SEEDS for 5-7 days prior to procedure. (Tylenol and acetaminophen products are okay.)

****YOU must consult your prescribing physician about stopping: Coumadin, Plavix, Pradaxa, Eliquis, or Xarelto, prior to a procedure if you take these medications or a generic equivalent.**

****YOU must consult your prescribing physician about diabetic medication and insulin dosages prior to a procedure if you are a diabetic.**

YOU MUST HAVE SOMEONE TO DRIVE YOU HOME THE DAY OF PROCEDURE. NO DRIVING FOR THE REST OF THE DAY! YOU SHOULD HAVE ADULT SUPERVISION FOR 12-24 HOURS AFTER THE PROCEDURE.

[] MOVIPREP

On the day before the procedure:

For breakfast, lunch and dinner, until midnight, ****CLEAR LIQUIDS ONLY****. Includes: Broth, tea, coffee(without milk), Gatorade, Crystal Lite, ice pops, soda, apple juice, white grape juice, tap or bottled water, yellow or green jello. It is important to drink broth for the salt intake and juice or soda for the sugar intake. **Avoid items with artificial red dye.**

MORNING: EMPTY 1 POUCH A AND 1 POUCH B INTO THE DISPOSABLE CONTAINER. ADD LUKEWARM WATER TO THE TOP LINE OF THE CONTAINER. SHAKE TO DISSOLVE. **REFRIGERATE.** USE WITHIN 24 HOURS.

5:00 PM DRINK THE MIXTURE, AN 8OZ GLASS AT A TIME, EVERY 15 MINUTES UNTIL GONE.

6:00 PM EMPTY 1 POUCH A AND 1 POUCH B INTO THE DISPOSABLE CONTAINER. ADD LUKEWARM WATER TO THE TOP LINE OF THE CONTAINER. SHAKE TO DISSOLVE. **REFRIGERATE.**

9:00 PM DRINK THE MIXTURE, AN 8OZ GLASS AT A TIME, EVERY 15 MINUTES UNTIL GONE.

IMPORTANT NOTE: DRINK CLEAR LIQUIDS AFTER THE SECOND MIXTURE TO FLUSH YOUR SYSTEM.

12:00 AM NOTHING TO EAT OR DRINK AFTER MIDNIGHT, NOTHING UNTIL AFTER PROCEDURE.

10/20/17 PREPMOVI dh