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PATIENT NAME: _____

PROCEDURE: UPPER ENDOSCOPY w/Bravo w/48hr pH Monitoring _____

FACILITY: OFFICE ENDOSCOPY SUITE _____

DATE OF PROCEDURE: _____ ARRIVAL TIME: _____

AVOID aspirin/aspirin products, Advil/Motrin/Aleve/Ibuprofen, Vitamin E (multi-vitamins w/E), fish oil, flaxseed oil or foods with SEEDS for 5-7 days prior to procedure. (Tylenol and acetaminophen products are okay.)

****YOU must consult your prescribing physician about stopping: Coumadin, Plavix, Pradaxa, Eliquis, or Xarelto, prior to a procedure if you take these medications or a generic equivalent.**

****YOU must consult your prescribing physician about diabetic medication and insulin dosages prior to a procedure if you are a diabetic.**

YOU MUST HAVE SOMEONE TO DRIVE YOU HOME THE DAY OF A PROCEDURE. NO DRIVING THE REST OF THE DAY; ADULT SUPERVISION FOR 12-24 HOURS AFTER THE PROCEDURE.

[] **UPPER ENDOSCOPY w/BRAVO 48hr pH Monitoring**
NOTHING TO EAT OR DRINK AFTER MIDNIGHT.
NOTHING TO EAT OR DRINK UNTIL AFTER THE PROCEDURE.

After the procedure, you will return in 48hours to bring back the BRAVO receiver and the diary.
Do not have an MRI for 30 days.

Only if ordered: After midnight, up to 4 HOURS PRIOR TO THE ARRIVAL TIME, you may have 1-8oz glass of the following: apple juice, white grape juice, tap or bottled water, Gatorade, Crystal Light. **Avoid items with artificial red dye.**