

2016 CHILDBIRTH CLASSES:

Our office recommends first time parents enroll in a Childbirth Class, whether you are having one baby or multiple babies, or whether you are planning on a vaginal delivery or cesarean section. This class is meant to be fun, light-hearted, and informative.

Topics Addressed:

- Prepare expectant mothers and their partners for childbirth.
- Discuss hospital routine and policy.
- Discuss vaginal delivery and cesarean delivery
- Discuss natural labor vs pain control vs anesthesia
- Discuss post-partum care
- Private tour of Texas Women's Center (Labor/Delivery, Postpartum, Nursery.)

Class Information:

Schedule: Two Consecutive Wednesdays. 6:30 pm - 9:30 pm (Jan, March, May, July, Sept, Nov); OR, One Saturday all day class from 9:00am-4:00pm (Feb, April, June, Aug, Oct, Dec)

Location: Office Waiting Room #100 (St. David's Women's Center of Texas)

Price: \$90 per couple; Cash or Check (Checks Payable to Kristie Willis): may pay at class or drop off with nurse ahead of time

Wednesdays 2016

January 6th & 13th

March 2nd & 9th

May 4th & 11th

July 6th & 13th

September 7th & 14th

November 2nd & 9th

Saturdays 2016

February 13th

April 2nd

June 4th

August 13th

October 1st

December 3rd

Registration:

Voice, Text, or Email Options:

Phone: (512) 775-4677 (Voice/Text)

Email: kristie.classes@gmail.com

OFFICE REGISTRATION INFORMATION

Patient's/Partner's Name: _____

Date Requested: _____ Phone/Mobile: _____

OB Doctor Name: _____ Amount Enclosed: _____

Email Address: _____