Possible Complications

**Bleeding**
If bleeding occurs and saturates bandage, apply pressure for 20 minutes consistently. Release pressure. Repeat pressure once more if needed.

If bleeding persists, call our office or visit emergency care.

**Pain**
If you are experiencing pain, take 2 Extra Strength Tylenol every 4 hours or as needed.

If the Tylenol does not provide pain relief, take prescription medication as directed.

**Infection**
As a preventative measure we have provided an oral antibiotic. Take the medication as directed, *with food.*

If you have any other questions or concerns, contact our office at: (520) 382-3330

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**Do’s and Don’ts After Surgery**

**DO**
Apply ice to the area with dry wash cloth for 20 minutes every 3 hours.

Keep your bandage on for 24-48 hours after your surgery.

*Follow your wound care instructions inside this brochure.*

**DON’T**
Smoke, as smoking can prolong healing as it constricts blood flow needed to heal.

Perform any strenuous activities, lift heavy objects, or bend over.

Take medications containing ASPIRIN or IBUPROPHEN for 48 hours after surgery.

Drink alcohol 48 hours after surgery, this can cause the wound to bleed.

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Specialists In Dermatology
2732 N Alvernon Way
Tucson, AZ 85712
520-382-3330
**Wound Care Instructions**

If you experience swelling or bruising will diminish over time. 

If you experience swelling or bruising following your surgery, apply a new bandage, and call our office. 

If your bandage begins to loosen, apply tape. 

Do NOT get wet. 

**Non-Skin Graft Closures:**

- Gauze
- Cerave
- Mild Soap (baby soap or O-Tips
- Ointment
- Prescription antibiotic

**Skin Graft Site:**

- Neosporin
- Antibiotic Vaseline
- Non-Stick Gauze (Telesa) 
- Hypafix
- Tape (Paper Tape or

**Need:**

After Hours: 520-315-0935

520-382-3330

Tucson, AZ 85712

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