



ADVANCED SINUS
AND
ALLERGY CENTER

1030 W. Higgins #325
Park Ridge, IL 60068

Oral Antifungals Itraconazole (Sporonox®) & Voriconazole (Vfend®)

Itraconazole and Voriconazole are oral antifungal medications. In some patients, there appears to be a relationship between sinusitis and mold/fungus found in the nose and sinuses. However, the reason for this is still not well understood. Because of this, insurance companies tend to deny coverage of the medication.

Because these medications can affect your liver and kidneys, your doctor will order liver and kidney function tests before the medication is started and every month while you are on the medication.

Rare cases of abnormal heart rhythms and congestive heart failure have been reported in some patients while taking Itraconazole. These risks are aggravated if itraconazole is taken with astemizole, cisapride, pimozide, and/or quinidine. Tell your doctor if you have any history of heart problems or if you develop any chest pain, shortness of breath or swelling while you are taking Itraconazole.

Contact your doctor BEFORE beginning ANY new medications while taking Itraconazole or Voriconazole. Women should avoid pregnancy while taking these medications and for 2 months after stopping them. Stop the anti-fungal medication (Itraconazole, Voriconazole) AND call your doctor right away if you develop a rash, nausea, vomiting, lightheadedness, fatigue, yellowing of your skin, muscle pain, swelling of your extremities, dark urine, pale stools.

Itraconazole (Sporonox) 100 mg BID

- Do not take antacids for 1 hour before or 2 hours after taking Itraconazole.
- Take Itraconazole after a full meal and drink non-diet cola when taking Itraconazole.
- Do not take Itraconazole if you are taking a cholesterol-lowering drug (statin) like Lipitor.
- Several drugs can interact with Itraconazole. These include but are not limited to: isoniazid, rifabutin, rifampicin, carbamazepine, phenobarbital, phenytoin, efavirenz, nevirapine, ciprofloxacin, clarithromycin, erythromycin, ritonavir, telaprevir, meloxicam, tamsulosin, methadone, disopyramide, dofetilide, dronedarone, quinidine, telithromycin, ticagrelor, dihydroergotamine, ergometrine, ergotamine, methylergometrine, lurasidone, oral midazolam, pimozide, triazolam, felodipine, nisoldipine, ranolazine, eplerenone, cisapride, fesoterodine, solifenacin and colchicine.

Voriconazole (Vfend) 200 mg BID



ADVANCED SINUS
AND
ALLERGY CENTER

1030 W. Higgins #325
Park Ridge, IL 60068

- Take at least one hour before, or one hour after a meal.
- Voriconazole may cause changes to vision, including blurring and light sensitivity). Do not drive at night while taking this medication.
- Avoid strong, direct sunlight while taking Voriconazole.
- Several drugs can interact with voriconazole. These include rifampicin, refabutin, phenytoin and carbamazepine, terfenadine, astemizole, prednisolone, sirolimus, cyclosporin, tacrolimus, ergotamine, warfarin, sulphonylureas, statins, midazolam and other benzodiazepines, vincristine, some HIV drugs and some oral contraceptives.