

COMMUNITY RESOURCE DIRECTORY 2016-2017

National or Local Resources for Specific Conditions or Individuals

Resource Type	Organization	Website	Phone	Description
Associations	Alzheimer's Association Greater Michigan	http://www.alz.org/gmc/	1-800-272-3900	
Associations	Affirmations	www.goaffirmations.org	248-398-7105	community center for lesbian, gay, bisexual, transgender people
Associations	Arthritis Found Michigan Chapter	www.arthritis.org/michigan	248-649-2891	
Associations	American Cancer Society	www.cancer.org	248-557-5353	
Associations	Susan G. Komen Breast Cancer Foundation of SEM	www.komensemichigan.org	877-566-3679	
Associations	National Breast Cancer Foundation	nationalbreastcancer.org		
Associations	National Alopecia Areata Foundation	www.naaf.org	415-472-3780	
Associations	American Lung Association of Michigan	www.alam.org	800-543-5864	
Associations	American Heart Association of SE Michigan	www.americanheart.org	248-827-4214	
Associations	AIDS Partnership Michigan	www.aidspartnership.org	800-872-2437	
Associations	National Kidney Foundation	www.nkfm.org/index.htm	800-482-1455	
Associations	Area Agencies on Aging Association of Michigan	www.mi-seniors.org/index.php	517-886-1029	
Associations	Prevention Network of Southeast Michigan	www.preventionnetwork.org/tobacco.htm	800-968-4968	smoking cessation and other substances
Associations	Lupus Foundation Michigan	milupus.org	800-705-6677	
Associations	Myasthenia Gravis Association	www.myasthenia.org	586-755-9011	
Associations	Anxiety Disorder Support Program	www.aim-hg.org/	248-547-0400	
Associations	American Diabetes Association	www.diabetes.org	248-433-1095	
Associations	American Stroke Association	www.strokeassociation.org	888-478-7653	
Associations	Catholic Services of Macomb	www.csmacomb.org	586-416-2300	services for families, including adoption
Associations	Catholic Social Services of Oakland County	www.cssoc.org	248-548-4044	services for families, including adoption
Associations	Children Special Health Care Service Oakland	www.oakgov.com/health	248-858-0056	medical care, treatment, support
Associations	Depression & Bipolar Support Alliance	www.dbsa-metrodetroit.org	248-421-5341	
Associations	Down Syndrome Guild of SEMI	www.dsgsemi.org	248-327-6154	
Associations	Hospice of Michigan	www.hom.org	888-466-5656	
Associations	Learning Disability Association of Michigan	www.lidaofmichigan.org	888-597-7809	
Associations	Michigan Office of Services to the Aging	www.michigan.gov/miseniors	517-373-8230	
Associations	National Alliance on Mental Illness	www.namimi.org	800-331-4264	
Associations	OU Center for Autism Research	www.oakland.edu/oucares	248-370-2424	campus, workshops, counseling
Associations	Senior Alliance	www.thesenioralliance.org	734-722-2830	
Associations	Compassionate Care Michigan	www.compassionatecaremi.com	888-953-7102	home health care
Associations	Affinity Home Care Agency	www.affinityhomecareagency.com	248-363-8650	
Associations	Divinity Home Care	www.divinityhomecare.com	586-978-2359	
Associations	Crohn's and Colitis Foundation	www.ccfa.org/	800-345-HDSA	
Associations	Juvenile Diabetes Research Foundation	www.jdrf.org	248-473-3143	
Associations	Michigan Ovarian Cancer Alliance	mioca.org	734-780-2100	
Associations	Pink Fund	www.pinkfund.org/	734-722-6800	financial assistance for breast cancer
Associations	American Liver Foundation	www.liverfoundation.org	800-273-8255	
Associations	Autism Alliance	https://autismallianceofmichigan.org	313-355-3035	
Associations	Autism Society of Michigan	www.autism-mi.org	888-865-2903	
Associations	Children's Leukemia Foundation of Michigan	leukemiamichigan.org	877-560-2417	
Associations	Gift of Life	www.giftoflifemichigan.org/	866-902-5854	organ and tissue donation
Associations	Huntington's Disease Society of America	michigan.hdsa.org	734-589-0011	
Associations	Mental Health Association of Michigan	www.mha-mi.com	248-473-3143	
Associations	Michigan Eye Bank	www.eversightvision.org	734-780-2100	
Associations	First Step	www.firststep-mi.org	734-722-6800	domestic and sexual violence
Associations	CARE of Southeastern Michigan	www.careofsem.com	800-273-8255	alcohol and drug prevention
Associations	Just Speak	justspeak.org	313-355-3035	helps children speak out against sexual abuse
Associations	Hometown Home Health Care and Hospice	homehealthcareagencies.com	888-865-2903	
Associations	Pancreatic Cancer Action Network	pancan.org	877-560-2417	
Associations	Residential Hospice	residentialhospice.com	866-902-5854	
Associations	Plymouth Canton Community Literacy Council	plymouthcantonliteracy.org	734-589-0011	serves Western Wayne County
Associations	Play Place for Autistic Children	http://www.autisticplayplace.org/	586-254-6533	
Associations	Pregnancy Aid	pregnancyaiddetroit.org	313-882-1000	
Associations	New Hope Center for Grief Support	newhopecenter.net	248-348-0115	
Associations	Samaritas Child and Family Services	samaritas.org	313-823-7700	Foster care
Associations	Wish Upon a Teen	www.wishuponateen.org	248-792-2938	supports teens with life limiting illnesses
Associations	Disability Network Oakland and Macomb	dnmichigan.org	877-674-5209	
Associations	Danielle Karmanos' Work It Out	dkwio.org	313-265-4153	exercise and nutrition programs for kids
Associations	Cystic Fibrosis Foundation	cff.org	800-344-4823	
Associations	Michigan Parkinson Foundation	parkinsonsmi.org	248-433-1011	

Associations	Next Step Kids SCI Foundation	nextstepkids.org		financial assistance for kids with spinal cord injuries
Associations	Seasons Hospice and Palliative Care	seasons.org	855-812-1136	
Associations	Epilepsy Foundation of Michigan	epilepsymichigan.org	248-351-7979	
Associations	Gilda's Club Metro Detroit	gildasclubdetroit.org	248-577-0800	Ovarian cancer
Associations	National MS Society, Michigan Chapter	nationalsmsociety.org	248-351-2190	
Associations	ALS Association - Michigan Chapter	alsa.org	866-927-2873	
Associations	International Association for Organ Donation	iaod.org		
Associations	Muscular Dystrophy Association	mda.org	734-416-7076	
Associations	Detroit Alliance for Asthma Awareness	asthmacommunitynetwork.org	313-876-0184	
Associations	National Bone Marrow Transplant Link	nbmtlink.org	800-546-5268	
Associations	March of Dimes	marchofdimes.org	248-359-1550	
Associations	Dads and Moms of Michigan	dadsandmomsofmichigan.org	248-559-3237	reduce conflict in co-parenting
Associations	Adults with Autism Advocacy and Assistance Center	autismspeaks.org	888-288-4762	
Associations	American Autoimmune Related Disease Association	aarda.org	586-776-3900	
Associations	Kids Kicking Cancer	kidskickingcancer.org	248-864-8238	
Associations	Angel Network	corpangelnetwork.org	914-328-1313	help for kids who've lost a parent

National or Local Resources for Seniors

Resource Type	Organization	Website	Phone	Description
Senior Services	A Place for Mom	www.aplaceformom.com	866-636-6593	
Senior Services	Alternatives for Seniors	www.alternativesforseniors.com/	888-932-7747	
Senior Services	Alzheimer's Association	www.alzglia.org	248-351-0280	
Senior Services	American Ramp	www.amramp.com/	800-649-5215	
Senior Services	Area Agency on Aging 1-B	www.aaa1b.org	800-852-7795	
Senior Services	Beaumont Geriatric Evaluation Clinic		248-551-1756	
Senior Services	Beaumont Older Adult Services/Helping Hands	http://www.beaumont.edu/centers-services/geriatrics-older-adult-services/helping-hands/	800-328-2241	
Senior Services	Julie's List	http://juleslist.homestead.com/	800-996-6228	
Senior Services	Lifeline Emergency Response	www.bbb.org/.../philips-lifeline-in-framingham-ma-59263	800-543-3546	
Senior Services	Local Senior Centers	https://www.oakgov.com/health/seniors/Pages/contact.aspx	800-848-5533	
Senior Services	Macomb County Adult Day Care	http://macombgov.org/MCA-Seniors-DayServices	586-469-5579	
Senior Services	Macomb County Office of Senior Services Website	http://www.macombcountymi.gov/seniorservices/	586-469-5228	
Senior Services	Oakland County Senior Resource Directory	http://www.oakgov.com/health/seniors	248-858-1280	
Senior Services	Oakland County Senior Services	https://www.oakgov.com/health/seniors	248-848-5533 or 800-848-5533	
Senior Services	Paralyzed Vets	http://www.michiganpva.org/	313-471-3996	
Senior Services	Senior Helpers	www.seniorhelpers.com/oaklandmi	248-865-1000	
Senior Services	TLC Senior Care	http://www.tlcseniorcare.com/	248-363-4082	
Senior Services	United Way Project Ramp	www.liveunitedsem.org	313-226-9200	
Senior Services	Grandparents Acting as Parents Support Group	www.olhsa.org/grandparents-raising-grandchildren-workshop	248-396-8236	
Senior Services	Oakland Livingston Human Service Agency	www.olhsa.org	248-209-2600	
Senior Services	Meals on Wheels	http://www.aaa1b.org	1-800-852-7795	
Senior Services	Affordable Assistance (OLHSA)	www.olhsa.org/affordable-assistance-request-quote	248-209-2675	
Senior Services	SHARP (Senior Home Assistance Repair Program)Auburn Hills	http://www.seniorservices1.org/	248-370-9353	
Senior Services	SHARP (Senior Home Assistance Repair Program)Clawson	http://www.seniorservices1.org/	248-589-0334	
Senior Services	SHARP (Senior Home Assistance Repair Program)Madison Heights	http://www.seniorservices1.org/	248-545-3464	
Senior Services	SHARP (Senior Home Assistance Repair Program)Troy	http://www.seniorservices1.org/	248-528-2929	
Senior Services	Medicare Paperwork Assistance OLHSA	www.olhsa.org/complete-services	248-209-2671	
Senior Services	Older Adult and Caregiver Services Oakland Family Services	www.oaklandfamilyservices.org/about/locations.html	248-858-7766	
Senior Services	Prescription Resource network	juleslistb.homestead.com/prescriptions.html	586-263-2110	

Behavioral Health Resources (includes apps, websites and books)

Resource Type	Organization	Website	Phone	Description
Behavioral Health	Alcoholics Anonymous	www.aa-semi.org	877-337-0611	
Behavioral Health	Narcotics Anonymous	www.michigan-na.org	877-338-1188	
Behavioral Health	Gamblers Anonymous	www.gamblersanonymous.org/ga/hotlines	855-222-5542	

Behavioral Health	Overeaters Anonymous	www.region5oa.org/		
Behavioral Health	Bryan's HOPE (Heroin Opiate Prevention Education)	www.bryanshope.org	248-410-4163	
Behavioral Health	National Suicide Prevention Lifeline	suicidepreventionlifeline.org/	800-273-8255	
Behavioral Health	Anxiety Disorders Association of America	https://www.adaa.org/supportgroups		
Behavioral Health	NoBLE Beaumont - No Bullying-Live Empowered	www.beaumont.edu/.../bullying-support-for-child.	855-876-6253	
Behavioral Health	Depression and Bipolar Support Alliance	www.dbsa-metrodetroit.org	248-421-5341	Self help group, peer-run and all volunteer
Behavioral Health	Common Ground	commongroundhelps.org	800-231-1127	Crisis and resource hotline, free counseling, information and referrals
Behavioral Health	Beaumont Weight Loss Clinic	http://www.beaumont.edu/digestive-health/weight-loss-solutions/weight-control-center/	248-655-5900	
Behavioral Health	Medical Weight Loss Clinic	http://www.mwlc.com/locations.php	248-353-8446	
Behavioral Health	Beaumont Integrative Medicine Clinic	www.beaumont.edu/centers.../integrative-medicine		holistic and alternative medical treatment options
Behavioral Health	App: Meditation Oasis (free)			
Behavioral Health	App: Take a Break (free)			
Behavioral Health	App: Ananda			
Behavioral Health	App or Web: Headspace	https://www.headspace.com/register/free-trial.		
Behavioral Health	App: Mindfulness by MindApps (\$1.99)			
Behavioral Health	App or Web: Mindfulness Meditation from Mental Workout.			
Behavioral Health	Books/CDs by Jon Kabat Zinn			
Behavioral Health	Web: Oprah and Deepak Chopra - 21 Day Meditation Challenge.	https://chopracentermeditation.com/		
Behavioral Health	Web: Sounds True Meditation (free)	http://www.soundstrue.com/shop/welcome		
Behavioral Health	Web: MIT Medical Home (Massachusetts Institute of Technology)	www.medweb.mit.edu		
Behavioral Health	Web: Palouse Mindfulness (free)	http://palousemindfulness.com/selfguidedMBSR.html		8 week program with wonderful resources (articles, videos, and links)
Behavioral Health	Books/CDs by Jon Kabat Zinn			
Behavioral Health	Books/CDs by Wayne Dwyer			
Behavioral Health	Web: Google Jon Kabat Zinn			
Behavioral Health	Web: MIT Medical Home (Massachusetts Institute of Technology)	www.medweb.mit.edu		
Behavioral Health	The Center for Mindful Eating	http://www.thecenterformindfuleating.org/		
Behavioral Health	Eating Mindfully	www.eatingmindfully.com		
Behavioral Health	App or Web: Happify	http://my.happify.com/		
Behavioral Health	Web: MIT Medical Home (Massachusetts Institute of Technology)	www.medweb.mit.edu		
Children's Services				
Resource Type	Organization	Website	Phone	Description
Child Services	Children's Protective Services	www.michigan.gov/mdhhs	877-412-6109	
Child Services	Help Me Grow-Child Care Center	www.greatstartforkids.org		
Child Services	Orchards Children's Services	http://www.orchards.org/	248-258-0440	
Immunizations	Vaccine For Children (VFC)	www.cdc.gov/features/vfcprogram/	800-232-4636	
Transportation				
Resource Type	Organization	Website	Phone	Description
Transportation	My Ride 2	http://www.myride2.com/	855-697-4332	Help find/coordinate transportation options.
Transportation	NOTA	http://notaride.org	248-628-7900	Free Bus transportation
Transportation	Smart Bus	www.smartbus.org	866-962-5515	Bus transportation in Wayne, Oakland and Macomb County

Transportation	Smart Bus Connectors	www.smartbus.org	866-962-5515	Door to door transportation in Wayne, Oakland and Macomb County
Transportation	LogistiCare	www.Logisticare.com	866-569-1902	Transportation to medical Appts.
Transportation	Home Instead Senior Care	www.homeinstead.com	800-640-3914	Transportation and assistance
Transportation	Julie's List	http://juleslist.homestead.com/Transportation.html		Website with links/numbers to many volunteer transportation options
Transportation	Reddi Ride	www.reddiride.com	248-559-2500	Transportation provided in southeast Michigan
Transportation	Transport Care Services	www.lovingtouchtransportation.com	888-811-4655	Transportation in Oakland/Macomb Counties
Transportation	Area Agency on Aging 1b	www.aaa1b.com	800-852-7795	Resource for transportation options
Transportation	My Ride 2	http://www.myride2.com/	855-697-4332	Help find/coordinate transportation options.
Transportation	NOTA	http://notaride.org	248-628-7900	Free Bus transportation
Transportation	LogistiCare	www.Logisticare.com	866-569-1902	Transportation to medical Appts.
Transportation	Older Persons' Commission (OPC)	www.opcseniorcenter.org	248-652-4780	Transportation for Rochester, Rochester Hills, and Oakland Twp
Transportation	Safe Wheels Transportation		248-830-3584	Transportation

Medical Equipment/DME

Resource Type	Organization	Website	Phone	Description
DME	Beaumont Home Medical Equipment		248-743-9100	Northwood Shopping Center
DME	Beaumont Home Medical Equipment		248-898-5511	Beaumont RO - South Tower, 2nd Fl
DME	Beaumont Home Medical Equipment		248-964-9177	Beaumont Hospital - Troy
DME	Beaumont Home Medical Equipment		586-416-5930	Beaumont Medical Bldg - Macomb
DME	Binsons Medical Supplies		888-246-7667	General Equipment
DME	Wright & Fillipis		586-756-4020	General Equipment
DME	Mystic Medical		248-476-8811	O2/Vents
DME	KCI (Wound Care Products)		800-275-4524	
DME	Apria Health Care		800-332-6900	
DME	CoaguChek Manufacture		800-780-0675	CoaguChek INR testing devices
DME	Sleep Solutions Home Medical Equipment		248-817-3853	
DME	Life Alert		888-941-9156	
DME	Catheters and Ostomy Supplies		888-279-6180	
DME	Mitchell Home Medical		800-420-0202	
DME	Healthcare Medical Supplies		734-975-6668	
DME	Renaissance Medical Equipment		800-743-4341	
DME	Health Care Solutions at home		248-544-8400	Enteral feeding supplies
DME	Lyons Club	www.lionsclubs.org	630-571-5466	Supplies hearing aids for \$300.00

Hospice

Resource Type	Organization	Website	Phone	Description
Hospice	Angela Hospice	www.angelahospice.org/	866-464-7810	
Hospice	Beaumont Hospice	www.beaumont.edu/centers-services/home-health-services/hospice/	248-743-9400	
Hospice	Hospice of Michigan	www.hom.org/	888-247-5701	
Hospice	Heartland Hospice	www.heartlandhospice.com/find-an-agency/heartland-hospice-services-of-southfield/	877-290-1170	Southfield, MI location
Hospice	Beacon Hospice	www.beacon.life/locations/michigan.html	313-818-3991	
Hospice	Universal Hospice Care	www.universalhospicecare.com/	248-799-9225	
Hospice	Seasons Hospice	www.seasons.org/	800-370-8592	
Hospice	Compassus Hospice	compassus.com/our-services/hospice-care/	248-440-1301	
Hospice	Premier Hospice	www.premierhospicemi.com/	248-588-1885	

Home Care

Resource Type	Organization	Website	Phone	Description
Key Care Partner Home Health	Beaumont Home Health Services		248-743-9400	Actively collaborates with UP on improving health outcomes
Key Care Partner Home Health	Custom Home Health		866-952-9003	Actively collaborates with UP on improving health outcomes
Key Care Partner Home Health	Residential Home Health		866-902-4000	Actively collaborates with UP on improving health outcomes
Key Care Partner Home Health	Metro Home Care		248-809-5440	Actively collaborates with UP on improving health outcomes
Home Care	Crittenton Home Care		248-656-6757	
Home Care	Crittenton Palliative Medicine Service Team		248-652-5000	
Home Care	Flagstar Home Health Services		586-497-8600	
Home Care	Henry Ford Home Health Care		313-874-6118	

Home Care	Optimal Care		248-723-9613	
Home Care	Michigan Community VNA		800-852-1232	
Home Care	Nationwide Home Care		248-595-8134	
Home Care	Advanced Professional Home Care		248-649-5250	
Home Care	Assured Home Nursing Services, Inc.		248-593-8134	
Home Podiatry	Downriver Podiatrists		586-264-7300	Podiatry in the home
Home Podiatry	Elite Podiatry		248-996-1020	Podiatry in the home
Home Infusion	Beaumont Home Infusion		248-743-6547	
Home Infusion	Active Infusion		248-336-7051	
Home Infusion	Heartland Home Care		248-948-8228	
Home Physician	Home Care Physicians		586-443-5588	
Home Physician	Metropolitan Visiting Physicians		248-395-9751	
Home Physician	Visiting Physicians Association		248-352-2000	
Home Physician	Premier Physicians		248-556-4455	
Skilled Nursing and Rehabilitation				
Resource Type	Organization	Website	Phone	Description
Key Care Partners - SNF	Heartland		586-274-9044	
Key Care Partners - SNF	Beaumont/Premier		248-647-2900	
	Evergreen Health and Living		248-203-9000	
	Shelby Nursing Center		586-566-1100	
	Shorepointe Nursing Center		586-779-7000	
	Shorepointe Village Assisted Living		586-498-4500	
	West Bloomfield Nursing Center		248-661-1600	
	Woodward Hills Nursing Center		248-644-5522	
Key Care Partners - SNF	WellBridge		517-947-4400	
Key Care Partners - SNF	NexCare		810-534-0150	
SNF and Rehab	Regency of Shelby		586-580-5500	
SNF and Rehab	Heartland Health Care		248-729-4400	
SNF and Rehab	Boulevard Health Center		248-852-7800	
Independent Assisted Living				
Resource Type	Organization	Website	Phone	Description
Assisted Living	American House	www.americanhouse.com/	248-397-0124	Personal care assistance on a
Assisted Living	Oakmont Senior Communities	www.oakmontcommunities.com/	248-564-2200	
Assisted Living	Pine Ridge	www.pineridgehayes.com/	586-580-4879	
Assisted Living	Pine Ridge	www.villasofshelby.com/	586-580-7159	
Assisted Living	Pine Ridge	http://www.pineridgegarfield.com/	586-477-4319	
Assisted Living	Waltonwood	www.waltonwood.com/senior_living/	248-865-1600	
Assisted Living	Arden Courts	www.arden-courts.com	888-478-2410	Alzheimer's, dementia, memory
Assisted Living	Brookdale Senior Living	http://www.brookdaleliving.com	855-350-3800	
Assisted Living	Sunrise	www.sunriseseniorliving.com	888-434-4648	Alzheimer's, dementia, memory
Pharmacy Assistance				
Resource Type	Organization	Website	Phone	Description
Blister Package	Area Agency on Aging 1-8	http://www.aaa1b.org/2014/02/14/low-income-medicare-recipients-can-get-help-with-prescription-costs/		blister pack
Blister Package	Sav-Mor and Sav-On		248-626-2525	
Blister Package	ZMC pharmacy		248-280-6401	
Blister Package	Mills Pharmacy		248-644-5060	
Blister Package	Binson's Pharmacy		855-692-7779	
Prescription Drug Assistance	RxAssist: Patient Assistance Program	http://www.rxassist.org/	877-537-5537	"The Web's most current and comprehensive directory of Patient Assistance Programs."
Prescription Drug Assistance	GoodRx (Good Scripts) free app for Smart Phones. Compares local pharmacy drug prices, offers coupons, drugs listed by condition, and a pill identifier.	www.goodrx.com	888-799-2553	
Prescription Drug Assistance	Prescription Resource network	http://www.henryford.com/body_macomb.cfm?id=5692	586-263-2300	Service for Macomb County Residents without Prescription Coverage. Assists patients with accessing prescriptions through Pharmaceutical Companies.
Free/Low Cost Clinics				
Resource Type	Organization	Website	Phone	Description
Free and Low Cost Clinics	Ferncare Clinic	http://ferncare.org/	248-677-2273	
Free and Low Cost Clinics	Covenant Community Care	www.covenantcommunitycare.org/royal_oak	248-556-4900	Adult and pediatric medical care, dental care
Free and Low Cost Clinics	Free Clinics of MI	http://www.fcmi.org/find-a-clinic.html		Free health clinics: Adult, pediatrics, Dermatology, and Dental.
Dental Resources	Oakland County Discount Dental Program	https://www.oakgov.com/health/services/Pages/Dental.aspx	866-498-7914	

Dental Resources	Covenant Community Care	http://www.covenantcommunitycare.org/dental		
Dental Resources	Quality Dental Inc.	www.qualitydental1.com/	586-749-3333	
Care Giver Resources				
Resource Type	Organization	Website	Phone	Description
Caregiver Support	Ask Medicare: Support for Caregivers	www.medicare.gov/caregivers		Coping, financial help, legal assistance, long-term planning
Caregiver Support	Caregivers Marketplace	www.caregiversmarketplace.com		Cash back on products not typically covered by insurance, e.g. incontinence supplies, bath safety products
Caregiver Support	Caring Bridge	www.caringbridge.org		Free website that connects people experiencing significant health challenges to family and friends.
Caregiver Support	Family Caregiver Alliance	www.caregiver.orh		Wide array of services and publications based on caregiver needs. One stop shopping for caregivers.
Caregiver Support	Alzheimer's Association of Greater Michigan	www.alz.org/gmc	248-996-1032	Respite Care Assistance, Adult Day Care
Caregiver Support	Interfaith Volunteer Caregivers	www.ivcinfo.org	586-757-5551	Matches volunteers with older/disabled adults to provide variety of supportive services (transportation, errands, minor home repairs, light housekeeping, respite, etc).
Caregiver Support	Cleaning for a Reason	www.cleaningforareason.org		Partners with local maid services to offer professional house cleaning to women undergoing treatment for any type of cancer. Online application and location of local services.
Caregiver Support	Bloomfield Twp. Senior Adult Day Services		248-723-3500	Adult Day Care Services
Caregiver Support	Community Living Program	http://www.aaa1b.org/caregiver-resources/community-living-programs/	800-852-7795	The patient must call and their might be a wait list. Cost is \$2/hr and there is eligibility criteria. Help with household chores. It is a pilot program for seniors and a signed contract is needed.
Caregiver Support	Rochester Area Neighborhood House	http://ranh.org/	248-651-5836	"Neighbors helping neighbors."
Caregiver Support	Services for Older Citizens	http://socservices.org		Senior center for residents of Grosse Pointe and Harper Woods. They provide meals-on-wheels, on-site meals, chore programs, transportation assistance, tax preparation, flu clinics, friendly visits, care management, and medical equipment lending
Caregiver Support	Time Tested Caregivers		248-914-0537	provides 24/7 supportive non-medical private duty care in homes, nursing homes, assisted living facilities and hospitals.
Private Duty				
Resource Type	Organization	Website	Phone	Description
Private Duty	Synergy Home Care		313-794-9036	
Private Duty	Beaumont Helping Hands		248-743-6667	
Private Duty	Beaumont Older Adult Services/Helping Hands		800-328-2241	
Private Duty	Home Instead (Multiple locations in MI)		313-647-9682	
Private Duty	Home Instead (Multiple locations in MI)		248-203-2273	
Private Duty	Metropolitan Home Care		800-462-5632	
Private Duty	Right At Home (multiple locations)		248-629-1330	
Private Duty	Senior Helpers		248-865-1000	
Private Duty	TLC Senior Care		248-363-4082	
Private Duty	Affordable Home Care		248-419-5010	
Urgent Care				
Resource Type	Organization	Website	Phone	Description
Key Care Partners - Urgent Care	Emcura Immediate Care	emcura.com	248-885-8211	Bloomfield/Birmingham- Urgent care, online scheduling, open weekends, accepts most major insurances

Key Care Partners - Urgent Care	Lake Urgent Care	www.lakesurgentcare.com	W. Bloomfield: 248-213-9688 Livonia: 734-206-1416	West Bloomfield & Livonia- Urgent care, open after hours -weekends- holidays.
Key Care Partners - Urgent Care	Campbell Urgent Care	www.campbelluc.com	248-850-8395	Royal Oak- Urgent care, open 7 days a week, accepts most major insurances,
Key Care Partners - Urgent Care	Somerset Urgent Care	www.somerseturgentcare.com	248-206-3346	Troy- Urgent Care, open 7 days a week, walk-ins welcome
Key Care Partners - Urgent Care	Shelby Urgent Care	www.shelbyurgentcare.com	586-799-4082	Shelby Township- Open 7 days a week, walk-ins welcome, accepts most major insurances
Key Care Partners - Urgent Care	DocNow	www.8docnow.com	248-853-6300	Rochester Hills- Urgent care, online scheduling, Open 7 days and holidays, accepts most major insurances
Key Care Partners - Urgent Care	Elizabeth Lake Urgent Care	www.elizabethlakeurgentcare.com	248-309-3344	Waterford- Urgent care, Walk-ins welcome, accepts most major insurances
Key Care Partners - Urgent Care	Telegraph Urgent Care	www.telegraphurgentcare.com	248-454-0442	Bloomfield Hills- Urgent care, walk-ins welcome, short wait times, accepts most major insurances
Key Care Partners - Urgent Care	Washington Urgent Care	www.washingtonurgentcare.com	586-935-4000	Washington Twp-Urgent care, walk-ins welcome, short wait times, accepts most major insurances
Key Care Partners - Urgent Care	Lakeside Urgent Care	www.greatlakesurgentcare.com	Clinton Twp: 586-412-0890 Rochester Hills: 248-853-2009 Oxford: 248-236-8333	Urgent care, open 7 days, extended hours, walk-ins welcome, accepts most major insurances
Key Care Partners - Urgent Care	Oxford Urgent Care	www.greatlakesurgentcare.com	586-412-0890	
Key Care Partners - Urgent Care	Rochester Urgent Care	www.rochestermedicalgroup.com/	248-844-6000	
Barrier Free Home Modifications				
Resource Type	Organization	Website	Phone	Description
Barrier Free Home Modifications	Barrier Free Building		586-484-0434	Bathrooms/Grab Bars/Ramps/General
Barrier Free Home Modifications	Bath for All		734-414-9525	Bathrooms/Grab Bars/Ramps/General
Barrier Free Home Modifications	Wright and Fillipis		248-828-8292	General Remodel
Barrier Free Home Modifications	Gordy Oliva Barrier Free		248-398-4783	Barrier Free Specialty
Barrier Free Home Modifications	Home Depot			Tub Modification
Barrier Free Home Modifications	OLHSA		248-209-2600	Home Construction and Renovation, Minor Home Repairs, Refrigerator replacement, Mobile Home Repairs (Oakland County only)
Barrier Free Home Modifications	SHARP (Senior Home Assistance Repair Program)Auburn Hills		248-370-9353	Handyman services (Minor home repairs) for seniors or adults with disabilities. Must pay for supplies but not labor. Services Auburn Hills area.
Other Community Resources				
Resource Type	Organization	Website	Phone	Description
Other Additional Resources	United Way 2-1-1 on-line database	http://www.liveunitedsem.org/pages/2-1-1-online-database		Data base for 2-1-1 United Way listings

Other Additional Resources	Julie's List	http://juleslist.homestead.com/		Large listing and links to a wide variety of resources, ranging from state wide to small, local and issue specific.
Other Additional Resources	Helping Hand	www.michigan.gov/helpinghand		This site helps Michigan citizens facing economic hardship find the services they need. Simply click on one of the five tabs below for links to information about jobs and training, unemployment benefits, health care, family support and housing.
Other Additional Resources	Mi Bridges	www.michigan.gov/mibridges		State of Michigan website to apply for Health Care and other assistance.
Other Additional Resources	Macomb County Resource List	http://macombresources.info		Very large resource database for a wide variety of needs.
Other Additional Resources	Macomb: The Right Connection	http://www.misd.net/connection/		Directory to link Macomb Families with a large variety of services.
Other Additional Resources	TIP: The Information Place		313-481-1400	A Detroit Public Library-maintained resource file of detailed information on human and social services provided to residents of southeast Michigan by over 2,000 agencies and organizations.
Other Additional Resources	Washtenaw County	http://www.ewashtenaw.org/		Washtenaw County Resources
Other Additional Resources	Oakland County Human Resource Directory	http://www.oakgov.com/health/Pages/links.aspx		Resource Directory for Oakland County Services - large resource and variety of information from infancy to elder care.
Other Additional Resources	Oakland County Resources - Health	http://www.oakgov.com/health/Pages/program_service/community_resources.aspx		County programs for low cost health issues, dental, prescription help, substance abuse, mental health etc.
Other Additional Resources	Oakland County Senior Resource Directory	http://www.oakgov.com/health/seniors/Pages/senior_resource_directory.aspx		Comprehensive listing of services for elderly
Other Additional Resources	Macomb County Office of Senior Services	http://www.macombcountymi.gov/seniorservices/		Website for senior services in Macomb County
Other Additional Resources	Jewish Family Services	http://www.jfsdetroit.org/		Geriatric care management, home care, transportation, mental health counseling, meals on wheels, housing assistance, immigration and citizenship services.
Food Resources	Focus: HOPE Commodity Supplemental Food Program		313-494-4600	
Exercise Resources	Silver Sneaker	https://www.silversneakers.com/	866-584-7389 eligibility line	access to all basic amenities and SilverSneakers group exercise classes within a fitness center
Wigs	Wigs 4 Kids	www.wigs4kids.org	586-772-6656	
Wigs/Mastectomy	Helen Palmer Image Recovery	www.cancermatters.com/		
Wigs/Mastectomy	Susan's Special Needs	www.susanspecialneeds.com	800-497-7005	