

## Dr. Han Open Carpal Tunnel Release

**GLOVES:** 6.5 Micro Indicator/6.5 Micro

**Anesthesia:** MAC or Block or by Choice

**PREP:** Hibclens

**POSITION:** SUPINE, Patient on Stretcher, Rolling Hand Table, Tourniquet, Extremity Drape, Sitting Stools

**MEDICATIONS:** 0.9% NAACL IRRIGATION

1% LIDOCAINE PLAIN if Patient/Anesthesia want to have a light MAC

Otherwise, 0.25% or 0.5% Marcaine at the end of case which is available

**INSTRUMENTS:** Lead Hand. Carpal Tunnel Kit (**Curved Littler Scissors**, Curved Tenotomy Scissors, Ragnel, and Sen Retractor x 2, Heiss Retractor)

**EQUIPMENT:** Tourniquet

**SUPPLIES:**

HALF SHEET

Extremity Drape

Ray-Tech

LIGHT HANDLE COVER

15 BLADE (2)

10CC SYRINGE (1)

25 GAUGE HYPO (1)

BIPOLAR CORD

TOURNIQUET 18"

4" ESMARK (OPEN, STERILE)

4" WEBRIL (UNDER TOURNIQUET)

**SUTURES:** 4-0 NYLON P-C 3 and 3.0 Monocryl

**DRESSINGS:** Xeroform, WET 4X4, DRY 4X4, Kling/Small Kerlex, 2" COBAN

**NOTES:** BIPOLAR 15, NO BOVIE,

**LAST UPDATED:** 1/21/19



