



ADVANCED SINUS
AND
ALLERGY CENTER

1030 W. Higgins #325
Park Ridge, IL 60068

Bactroban (Mupirocin) Nasal Spray

1. Purchase a 46 ml nasal saline bottle at your local pharmacy
2. Purchase the tube of antibiotic ointment that was prescribed by your doctor (2% Bactroban is the brand name, 2% Mupirocin is the generic name).
3. Squeeze 1.5 inch ribbon of ointment into the bottle
4. Shake the solution to mix the ointment
5. Squirt 3 generous sprays into each side of your nose
6. Store in the refrigerator in between uses
7. Make a new bottle once the first one runs out