



ADVANCED SINUS
AND
ALLERGY CENTER

1030 W. Higgins #325
Park Ridge, IL 60068

Furosemide (Lasix) Nasal Spray

Some patients continue to suffer from symptoms of sinusitis after maximal topical medical and surgical treatment for chronic rhinosinusitis (CRS). Furosemide (Lasix®) is a diuretic (water pill) that has been shown to improve symptoms and reduce polyp load in the nose and sinuses. The beneficial effect of Furosemide on the nose is thought to occur from its ability to cause dehydration of the polyps and stimulation of secretion of protective substances. It is a very safe medication when used topically and only a very small amount gets absorbed in the bloodstream when you use it in the nose.

The adverse effects from using this nasal spray are generally not different from those reported by patients when using salt water nasal spray alone. They may include nasal irritation, headache and constipation.

This spray is not sold at pharmacies like Walgreens, CVS or Walmart. It has to be mixed by a special type of pharmacy called a compounding pharmacy. The pharmacy will pre-mix the medication with salt water (nasal saline) for you. After the pharmacy receives the order from our office, they will contact you directly and ship the spray directly to your address.

You should apply 2 sprays to each nostril twice daily for 30 days. Your doctor may recommend you continue this spray for several months.

If you experience any of the adverse effects listed above, or any other unusual symptoms, please call our office right away.