

Ask your doctor if
Platelet Rich Plasma
is right for you

**Platelet Rich Plasma
For Sexual Wellness**



● **What is Platelet Rich Plasma?**

PRP is derived from a patient's own blood, which is obtained via a simple blood draw. The blood is spun in a unique centrifuge which removes the red blood cells and concentrates the platelets.

● **How does Platelet Rich Plasma work?**

After the centrifugation process the PRP is injected back into the body. The platelets activate, releasing growth factors, which in turn stimulate stem cells to create new and youthful tissue at the treatment site.

● **What are the advantages of Platelet Rich Plasma?**

Because these procedures use the patient's own blood plasma and PRP, there are little to no risks associated with its use. More than 60,000 PRP procedures have been performed, and to date, we are unaware of any side effects or complications being reported.

● **What are some of the benefits of PRP for sexual well being?**

- Increased libido
- Heightened sexual pleasure
- Greater sexual stamina
- More youthful look and feel
- Lessened to zero pain during sex
- Fewer incidents of urinary incontinence

Sexual Health and Wellness for Men and Women

The unfortunate fact is that as men and women age, and especially once they reach their late 40's and early 50's, their sex life declines. Complaints of decreased sex drive/libido, discomfort or pain during sex, decreased sensitivity, lack of pleasure, and urinary incontinence, are not uncommon with this age group.

Sexual wellbeing is rarely the focus in traditional primary care practices and few patients feel comfortable discussing the topic. Here, sexual wellness is one of our specialties; and one of the most revolutionary and exciting things that has aided our efforts in helping our clients improve their sex life is the use of Platelet Rich Plasma (PRP).

Platelet Rich Plasma for Women

Vaginal Rejuvenation is a simple, non-surgical procedure that uses a woman's own growth factors to stimulate vaginal and clitoral rejuvenation to activate the female orgasmic response.

Each woman's experience may differ, but many patients are reporting greater arousal from clitoral stimulation, younger, soother skin of the vulva (lips), stronger, more frequent orgasms, as well as increased sexual desire and increased natural lubrication.

While the blood is being processed and the PRP is prepared for injection, the patient is numbed with local anesthetic cream. The concentrate is then injected into the clitoris, as well as the area of the upper vagina that is most crucial to sexual response. The procedure is done in the office and yields little to no discomfort to the patient.

Platelet Rich Plasma for Men

Platelet Rich Plasma (PRP) is used to improve sexual performance in men including those who have altered function due do prostate issues, drug side effects, and other conditions such as diabetes and hypertension.

Although each man's experience varies, most are reporting increased firmness during erection, increased blood flow and circulation, increased sexual stamina, heightened sensation and pleasure, and in some cases, increased penile length and girth.

Once the blood is processed and the PRP is prepared for injection, the patient is numbed with local anesthetic cream. The PRP is then injected into areas of the penis that are most important for the sexual response. The procedure is done in the office and the patient feels little to no discomfort.